מוסף לשבת ראש חודש: עמידה

A transliteration of the opening b'rakhot of the Amidah may be found on page 466.

When a minyan is present, some communities repeat the Amidah after it is recited silently; in others, the leader recites the first three blessings (including the Kedushah) aloud and the Amidah is then recited silently. The sign I indicates the places to bow. The Amidah concludes on page 202.

[בִּי שֵׁם יהוה אֶקְרָא, הָבוּ גְדֶל לֵאלֹהֵינוּ. Leader: אֲדֹנֵי שַּׁפָּתֵי תִּפָּתָּח, וּפִּי יָבִּיד תְּהַלֶּתֶךְ.

With Patriarchs and Matriarchs:

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ל בְּרוּךְ אַתָּה יהוה,
אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ
וְיִאְמּוֹתֵינוּ וֻאלֹהֵי אֲבוֹתֵינוּ
אֱלֹהֵי יִצְקֹב,
אֱלֹהֵי יִצְקֹב,
אֱלֹהֵי יִצְקֹב,
אֱלֹהֵי יִצְקֹב,
אֱלֹהֵי יִצְקֹב,
אֱלֹהֵי יִבְּקָה,
אֱלֹהֵי יִבְיָקֹה,
אֱלֹהֵי יִבְיָקֹה,
אֵל עָלְיוֹן, גּוֹמֵל חֲסָדִים
מוֹבִים, וְקוֹנֵה הַפֹּל, וְזוֹכֵר
תַסְדִי אָבוֹת [וְאִמָּהוֹת],
תַסְבִי אָבוֹת [וְאִמָּהוֹת],
וְמְבִיעִ יְשְמוֹ בְּאַהָּבִי
רְמַעַן שְׁמוֹ בְּאַהָּבָה.
הַמֹלֹעְיעַ וּמְנֵן.
רְמוֹעֵיעַ וּמְנֵן.

מָגֶן אַבְרָהָם וּפוֹקֵד שָּׁרָה.

With Patriarchs:

בְּרוּף אַתָּה יהוה,
 אֶלהֵינוּ וֵאלהֵי אֲבוֹתֵינוּ,
 אֶלהֵינוּ וֵאלהֵי אֲבוֹתֵינוּ,
 יִצְחָק, וֵאלהֵי יַצְקב, הָאֵל הַנְּדְוֹל הַנְּבּוֹר וְהַבּּוֹרָא,
 אַל עֶלְיוֹן, גּוֹמֵל חֲסָדִים טוֹבִים, וְקוֹבֵה הַכּל,
 וְמַבִי חְסְדֵי אָבוֹת,
 וְמַבֵּי שְׁמוֹ בְּאַהֲבָה
 לְמַעַן שְׁמוֹ בְּאַהֲבָה
 בְּרוּךְ אַתָּה יהוה,
 מַגֵן אַבְרַהַם.

козн нодезн. Since biblical times, Rosh Hodesh has been celebrated as a holiday. The Book of Samuel notes it as a time of a celebratory meal (1 Samuel 20:18); the Book of Kings, as a time when people would visit the prophet (2 Kings 4:23); and the prophet Amos notes it as a day of rest, when businesses were closed (8:5). In some ways, the Torah gives it a status equal to the Pilgrimage Festivals and decrees extra sacrifices to be brought on Rosh Hodesh—the same as are brought on the festivals of Pesah and Shavuot-and the sounding of trumpets, as on festivals (Numbers 10:10).

The Hebrew calendar was fixed by visual attestation of a new moon, and the Mishnah records the care, the rituals, and the ceremonies that took place in relation to the sighting of the new moon. Since the 4th century, though, the calendar has been fixed by a mathematical calculation.

In line with biblical practice, traditional communities celebrate the day with a festive meal. Although work is permitted on Rosh Hodesh, it was customary for women not to do work

that could be left for another day—a custom that continues in many communities down to our own time. In many cultures, the moon with its cycles is associated with the feminine, though the midrash (Pirkei D'Rabbi Eliezer, chapter 44) offers quite a different reason for this association: in the march through the desert, the women refused to contribute their jewelry to the manufacture of the golden calf and so they were rewarded with a holiday of their own. Today, women's study groups often meet on Rosh Ḥodesh.

continued

The Musaf Amidah for Shabbat Rosh Hodesh

A Prayer for Rosh Hodesh

Life is a mystery. How did we come to be, here and now? What is the meaning of our lives? What are we to make of the circumstances of our lives—our joys, our sadness? In prayer we try to penetrate that mystery, to find meaning, to rediscover how we ought to live out our days, how we may walk in the world directed on our path by God's light.

When we begin to pray, we first of all acknowledge that mystery. The metaphor of the new moon offers insight. For a moment the moon disappears, but it soon reappears as a sliver of light. Prayer, in talmudic thought, is quintessentially silent prayer. In prayer, we simultaneously plumb the unspoken depths of our lives and place ourselves before the silence of the universe. We speak into the void, which we hope is not sheer emptiness, and we listen for a response to the question of our existence.

We offer words passed down to us by the generations of supplicants who came before and we seek reassurance in the Amidah that God is with us, too.

continued

A transliteration of the opening b'rakhot of the Amidah may be found on page 466.

When a minyan is present, some communities repeat the Amidah after it is recited silently; in others, the leader recites the first three blessings (including the Kedushah) aloud and the Amidah is then recited silently. The sign ${\mathfrak l}$ indicates the places to bow. The Amidah concludes on page 202.

[Leader: As I proclaim the name Adonai, give glory to our God.] Adonai, open my lips that my mouth may speak Your praise.

First B'rakhah: Our Ancestors

With Patriarchs:

f Barukh atah ADONAI, our God and God of our ancestors,

ancestors,
God of Abraham, God of
Isaac, and God of Jacob,
great, mighty, awe-inspiring,
transcendent God,
who acts with kindness
and love, and creates all,
who remembers the loving
deeds of our ancestors,
and who will lovingly bring a
redeemer to their children's
children for the sake of
divine honor.

You are the sovereign who helps and saves and shields.

f Barukh atah Adonai, Shield of Abraham. With Patriarchs and Matriarchs: f Barukh atah ADONAI, our God and God of our ancestors,

God of Abraham, God of
Isaac, and God of Jacob,
God of Sarah, God of
Rebecca, God of Rachel,
and God of Leah,
great, mighty, awe-inspiring,
transcendent God,
who acts with kindness
and love, and creates all,
who remembers the loving
deeds of our ancestors,
and who will lovingly bring a
redeemer to their children's

You are the sovereign who helps and guards, sayes and shields.

divine honor.

children for the sake of

f *Barukh atah Adonai*, Shield of Abraham and Guardian of Sarah. A translite page 466. When a m cited silent Kedushah) the places

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ינוּ בְּרָהָם, יֵלֶה, יִם יוֹבֵר יִהֶּם יִהֶּם יִהֶּם

שרה.

אַתָּה גִּבּוֹר לְעוֹלָם אֲדֹנָי, מְחַיֵּה מֵתִים אַתָּה, רַב לְהוֹשִׁיעַ.

From Sh'mini Atzeret until Pesaḥ: מַשִּׁיב הָרְוּחַ וּמוֹרִיד הַגְּשֶׁם [From Pesaḥ until Sh'mini Atzeret, some add: מוֹרִיד הַטָּל,

> מְלַבְּלְבֵּל חַיִּים בְּחֶטֶד, מְחַיֵּה מֵתִּים בְּרַחֲמִים רַבִּים, סוֹמֵךְ נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וֹמְלַיֵּם אֲמוּנָתוֹ לִישֵׁנֵי עָפָר. מִי כָמְוֹךְ בַּעַל גְּבוּרוֹת וּמִי דְּוֹמֶה לֶּךְ, מֵלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה.

> > וְנֶאֶמֶן אַתָּה לְהַחֲיוֹת מֵתִים. בָּרוּךְ אַתָּה יהוה, מְחַיֵּה הַמֵּתִים.

When the Amidah is recited silently, continue on page 196 with אַתָּה קִדוֹש

continued

Because of its character as a holiday, one is not permitted to fast on this day; similarly, funeral ceremonies are curtailed. In kabbalistic circles, the day before Rosh Ḥodesh is characterized as a fast day—as if to enter the new month free of sin-and the day is called a "minor Yom Kippur." In that vein, a midrash maintains that the sacrifice on Rosh Ḥodesh was brought as an atonement for impurity created by our acts that we do not even recognize as sins; we might think of them as the unconscious peccadillos that litter the world (see below, page 196). Thus Rosh Hodesh is thought of as a time when all the world is cleansed and we can all start anew.

In urban environments, we often lose sight of the

way the waxing and waning of the moon affects our environment. The oceans' tides are regulated by the cycles of the moon. Other effects—physiological and psychological—have also been attributed to the phases of the moon. The celebration of Rosh Hodesh might lead us to reflect on the way the phases of the moon—differently than the circuit of the sun—make us conscious of both the passing nature of time and the possibility of renewal.

continued

The Amidah thus opens with a statement of hope—hope that, like our ancestors, we may find a response within the silence; hope that we and our children and our children's children will find redemption, as our ancestors did.

As we pray, we recognize that God is present with the lowly, the fallen, those who are twisted and bound up by the difficulties of life. The waning of the moon, its fading into darkness, bears with it both a sense of passing, of dying, and also the promise of rebirth. The Divine is with us as we go from darkness into light. Indeed, God is with us even in the darkness when the light is not visible.

To live with this knowledge of presence and absence, of passing and renewal, is to have a sense of the holy, a hint of the possibility of redemption. It is to live with the belief that each encounter of our lives is open to the possibility of meaning.

And so the most powerful moments of prayer are when we go from emptiness to fullness, and for a moment that fullness is transcendent, our lives seem then resplendent with meaning—even as we know that its time, too, will end. But the glory of that fullness may remain with us even beyond its time.

Second B'rakhah: God's Saving Care

You are ever mighty, Adonal—You give life to the dead—great is Your saving power:

From Sh'mini Atzeret until Pesaḥ: You cause the wind to blow and the rain to fall,

[From Pesaḥ until Sh'mini Atzeret, some add: You cause the dew to fall,]

You sustain the living through kindness and love, and with great mercy give life to the dead, You support the falling, heal the sick, loosen the chains of the bound, and keep faith with those who sleep in the dust. Who is like You, Almighty, and who can be compared to You? The sovereign who brings death and life and causes redemption to flourish.

M'khalkel ḥayim b'hesed, m'hayeih meitim b'raḥamim rabim, somekh noflim v'rofei ḥolim u-matir asurim, u-m'kayem emunato lisheinei afar. Mi khamokha ba-al g'vurot umi domeh lakh, melekh meimit u-m'ḥayeh u-matzmiaḥ y'shuah.

You are faithful in bringing life to the dead. *Barukh atah Adonai*, who gives life to the dead.

When the Amidah is recited silently, continue on page 196 with "Holy are You."

The Kedushah is recited standing. Indeed, since we imitate the song of the angels, the tradition recommends standing like angels, with feet together. It is recited only with a minyan.

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נַעֲרִיצְךּ וְנַקְדִּישְׁךָ כְּסוֹד שְּׁיחַ שַּׂרְכֵּי קְׂדֶשׁ הַמַּקְדִּישִׁים שַּׁרְכֵּי קְדָשׁ, כַּבָּתוּב עַל יַד נְבִיאֶךּ, וְקָרָא זֶה אֶל זֶה וְאָמֵר: מָלֹא כָל־הָאֶרֶץ בְּבוֹדוֹ. מָלֹא כָל־הָאֶרֶץ בְּבוֹדוֹ.

ּבְּבוֹדוֹ מָלֵא עוֹלָם, מְשָׁרְתִיו שוֹאֲלִים זֶה לָזֶה, אַיֵּה מְקוֹם בְּבוֹדוֹ, לְעָמֶתָם בָּרוּךְ יֹאמֵרוּ: בָּרוּךְ בִּבוֹד יהוה מִמְּקוֹמוֹ.

מִמְּקוֹמוֹ הוּא יְפֶּן בְּרַחֲמִים, וְיָחֹן עַם הַמְיַחֲדִים שְׁמוֹ עֶרֶבּ וָבְּקֶר בְּּכָל־יוֹם תָּמִיד, פַּעֲמֵיִם בְּאַהֲבָה שְׁמַע אוֹמְרִים: שָׁמֵע יִשְּׂרָאֵל, יהוה אֱלֹהֵינוּ, יהוה אֶחָד.

הוּא אֱלֹהֵינוּ, הוּא אֶבִינוּ, הוּא מַלְבֵּנוּ, הוּא מוֹשִׁיעֵנוּ, וְהוּא יַשְׁמִיעֵנוּ בְּרַחֲמָיוּ שֵׁנִית לְעֵינֵי בְּל־חָי, לִהְיוֹת לָכֶם לֵאלֹהִים. אַנִי יהוה אֱלֹהֵיכֶם.

וּבְדבְרֵי קָדְשְׁךְ בָּתוּב לֵאמֹר: יִמְלֹךְ יהוה לְעוֹלָם, אֱלֹהַיִךְ צִיּוֹן לְדר וָדר, הַלְלוּיָה.

לְדוֹר וָדוֹר נַבִּיד בְּדְלֶךְ, וּלְנֵצֵח נְצָחִים קְדָשֶׁתְךְּ נַקְדִּישׁ, וְשִׁרְחֲךְ אֱלֹחֵינוּ מִפִּינוּ לֹא יָמוּשׁ לְעוֹלָם וָעֶד, כִּי אֵל מֶלֶךְ בָּדוֹל וְקָדוֹש אֲתָּה. בַּרוּךְ אַתָּה יהוה, הָאֵל הַקָּדוֹשׁ.

We continue on the next page with the Fourth B'rakhah, אַתָּה יָצֵרְתָּ

THE KEDUSHAH is composed of an interweaving of two prophetic visions: that of Isaiah, who witnessed the angels singing "Holy, holy, holy," and that of Ezekiel, who heard the angels cry "Praised is Adonai's glory wherever God dwells." In heaven, one chorus of angels responds to another; on earth, leader and congregation respond to each other. Additionally, in the version of the Kedushah recited at each Musaf service, Israel's recitation of the Sh'ma is offered as a counterpoint to the angelic praise. Ultimately, our prayer brings heaven and earth into a momentary unity, when we recite the angelic prayer while proclaiming Israel's credo of one God. The quotation from Isaiah, remarking that "each cries out to the other," thus has a dual meaning in the liturgy: one chorus of angels responds to the other in agreement, and heaven and earth stand in agreement with each other, both acknowledging God's presence.

WHEREVER GOD DWELLS
מְמְקוֹמוֹ. As noted above,
the Kedushah combines
two different prophetic
visions: that of Isaiah and
that of Ezekiel. By placing
these biblical verses side
by side, the Kedushah

acknowledges both God's immanence, a palpable presence, and God's transcendence, the knowledge that the Divine is beyond our understanding. Thus, we say "The whole world is filled with God's glory," and we then immediately praise God "wherever God dwells."

WILL ... PROCLAIM וְהוּא יֵשְׁמִיעֲנוּ. The relationship of God and humanity is manifested by a reciprocal call and response. On the one hand, God calls to us and we respond to that calling. At the same time, we call to God and God responds by bringing redemption.

YET AGAIN שׁׁבִּים. Literally, "a second time." The first redemption was the exodus from Egypt. Much of Jewish theology maintains the perspective that we exist between the promise of freedom announced in the exodus and its eventual fulfillment in the messianic era.

Where Is the Place of God's Glory?

Once, the Hasidic master Menahem Mendel of Kotzk startled his Hasidim by asking, "Where is God's dwelling place?" Some answered that it is in heaven. Some simply said that no human can know. Menahem Mendel then said, "It is wherever we will let God in."

Return, O My Soul

Return, O my soul, to your resting place, sit beside the divine throne, always, spurn earthly places, ascend on high, take what you can from there, bow to God, honor the Divine, supplant the angels giving praise.

—YEHUDAH HALEVI

Third B'rakhah: God's Holiness

THE KEDUSHAH

The Kedushah is recited standing. Indeed, since we imitate the song of the angels, the tradition recommends standing like angels, with feet together. It is recited only with a minyan.

We revere and sanctify You on earth as Your name is sanctified in heaven, as Your prophet Isaiah described:

Each cried out to the other:

"Holy, holy, holy is *ADONAI Tz'va·ot*, the whole world is filled with God's glory!"

Kadosh, kadosh Adonai Tz'va-ot, m'lo khol ha-aretz k'vodo.

God's glory fills the universe. One angelic chorus asks, "Where is the place of God's glory?" Another responds: "Praised is Adonai's glory wherever God dwells."

Barukh k'vod Adonai mimkomo.

From where God dwells, may God turn with compassion toward the people who twice each day, evening and morning, lovingly proclaim God's oneness, reciting the Sh'ma:

"Hear, O Israel, Adonai is our God, Adonai is one."

Sh'ma yisrael, Adonai eloheinu, Adonai eḥad.

The Holy One is our God, our creator, our sovereign, our redeemer. Yet again, God will in mercy proclaim to us before all that lives: "I, Adonai, am your God."

Hu eloheinu, hu avinu, hu malkeinu, hu moshi-einu, v'hu yashmi-einu b'raḥamav sheinit l'einei kol ḥai, lihyot lakhem leilohim. Ani Adonai eloheikhem.

As the psalmist sang: "Adonai will reign forever; your God, O Zion, from generation to generation. Halleluyah!" Yimlokh Adonai l'olam, elohayikh tziyon l'dor vador, hal'luyah.

From generation to generation we will declare Your greatness, and forever sanctify You with words of holiness. Your praise will never leave our lips, for You are God and Sovereign, great and holy.

L'dor vador nagid godlekha, u-l'netzaḥ n'tzaḥim k'dushat'kha nakdish, v'shivḥakha eloheinu mi-pinu lo yamush l'olam va-ed, ki El melekh gadol v'kadosh atah.

Barukh atah Adonai, the Holy God.

We continue on the next page with the Fourth B'rakhah, "You formed."

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uary, u chose, The following paragraph is said only when the Amidah is recited silently:

אַתָּה קָדוֹשׁ וְשִׁמְךּ קָדוֹשׁ, וּקְדוֹשִׁים בְּכָל־יוֹם יְהַלְלְוּךּ שֶּלָה. בַּרוּךְ אַתָּה יהוה, הָאֵל הַקָּדוֹשׁ.

For alternative prayers for Rosh Hodesh that focus on the significance of the lunar cycle, continue on page 198.

אַתָּה יָצַרְתָּ עוֹלֶמְךּ מִקּדָעָר.

בַּבֵּית הַנָּדוֹל וְהַקָּרוֹשׁ שָׁבִּיעָר.

וְאַמְרּ הַבָּיוֹם הַשְּׁבִיעִי.

וְאַמְרּ הַבְּיוֹם הַשְּׁבִיעִי.

וְאַמְרּ הַבָּרוֹ לְעֲבוֹדְ עָלֵינוּ לְעֲבוֹתְ,

וְאָמְרּ הַבָּרוֹ לְעֲבוֹדְ שָׁבִינוּ לְעֲבוֹ וְנְלָה יִקְרֵבּ

וְאַמְרוֹת לִמְנוּ לְעָבוֹדְ שֻׁלֵינוּ בְּעִהְרָה,

וְשְבָּתוֹת לִמְנוּ וְשָׁבִינוּ בְּעֲהַבָּה,

וְלְפִי שֶׁחְטֶאנוּ לְפָנֶיךּ אֲנֵחְנוּ וַ וְאָבוֹתֵינוּ וְנְלָה יִקְרֵנוּ,

וְלְפִי שֶׁחְטֶאנוּ לְפָנֶיךּ אֲבְחִנוּ וַבְּאַהֵינוּ וְנְלָה יִקְרֵנוּ,

וְלְפִי שֶׁחְטֶאנוּ לְפָנֶיךּ אֲבָּחְנוּ וַבְּשִׁים לְבַפָּרָה.

וְלְפִי שֶׁחְטֶאנוּ לְפָנֶיךּ אֲבָּחְנוּ וַבְּשִׁים בִּית מִקְדָּשְׁנֵינוּ וְנָלָה יִקְרֵנוּ,

וְלְפִי שֶׁחְטֶאנוּ לְפָנֶיךּ אֲבָּחְנוּ וְבְּשִׁים בִּית מִקְּדָּשֶׁוּ וּיְבוֹית בְּחִינְהָּ,

וְלְפִי שְׁחְטֶאנוּ וְנְלָמְר מִבֶּית חַיֵּינוּ,

וְבְּבִית הַנָּרוֹל וְהַקְּדוֹשׁ שָׁנִיְלְחָה שְׁבְּשְׁרִּוֹי

THE TIME OF THE NEW MOON FOR ATONEMENT וָרַאשֵׁי חָדָשִׁים לְכַפָּרָה. As quoted below, the Bible ordains that a "sin offering" (some call it a "purification offering") be brought on the New Moon. Indeed, according to the one opinion in the Mishnah (Shevuot 1:4; see also the subsequent discussion in the Babylonian Talmud, beginning of chapter 1), the Rosh Hodesh offering brings atonement for sins of which we have no awareness, neither when we performed the act nor subsequently in recalling our past. Thus, the ancient rabbis envisioned that we would start the new month without the blemish of even unconscious sin.

BECAUSE WE AND OUR ולפי ANCESTORS SINNED שַׁחָטֵאנוּ לִפָּנֵיךּ אֲנַחְנוּ ַןאָבוֹתֵינוּ [וְאִמּוֹתֵינוּ]. The prophets blamed the destruction of the First Temple on the religious and moral corruption of Jewish society. In rabbinic theology, the Second Temple was destroyed because of the hatred people had for each other. In a similar vein, the 1st-century historian Josephus reports that murderous factional disputes made Jerusalem ripe for conquest by the Romans.

The Sun and the Moon With its waxing and waning, its fullness and its disappearance, the moon reminds us that life embraces both hope and disappointment, both joy and sadness. Indeed, the Talmud sees the moon as symbolic of the imperfections inherent in the fabric of creation: aspects of life and of ourselves that may be totally unavoidable, but nevertheless tragic in their consequence.

The Talmud remarks on an apparent contradiction in wording in the account of the creation of the sun and moon found in Genesis: the Torah first speaks of God creating the "two great lights" but then states that God fashioned "a great light and a lesser light." Rabbi Simeon ben Pazi imagines a heavenly drama in which originally the moon is of equal size and power as the sun. God then takes responsibility for the diminishment of the moon, a symbol of the unavoidable imperfections in the universe.

THE MOON: Master of the universe, is it possible that two sovereigns can rule together?

GOD: Then you shall be

smaller!

The following paragraph is said only when the Amidah is recited silently: Holy are You and holy is Your name; holy ones praise You each day.

Barukh atah Adonai, the Holy God.

Fourth B'rakhah: The Celebration of Rosh Ḥodesh

For alternative prayers for Rosh Ḥodesh that focus on the significance of the lunar cycle, continue on page 198.

ROSH HODESH AND THE TEMPLE SERVICE

You formed Your world at the beginning, completing Your work on the seventh day. You have loved us, desired us, exalted us amongst all the nations, made us holy through the performance of mitzvot, brought us near to serve You, and called us by Your great and holy name. Lovingly, Adonal our God, You have bestowed on us Shabbatot for rest and the time of the new moon for atonement. But because we and our ancestors sinned, our city was laid waste, our sanctuary made desolate, our splendor taken away, the glory removed from the House that gave us life, and so, because of the hand that destroyed Your sanctuary, we are unable to fulfill our obligations in the place You chose, the great and holy House dedicated to Your name.

THE MOON: Because I raised a legitimate objection, therefore I should be diminished?!

GOD: Well, you may rise both at night and during the day.

THE MOON: What good is that? During the day, I will just be a torch in the daylight!

GOD: Then, I'll do this. I shall honor you by commanding Israel to count their months and years according to your cycles.

THE MOON: How about the days of the year, too?

GOD: I cannot do this, since you don't delineate seasons ...

Rabbi Simeon adds: Seeing that the moon was still dissatisfied, God commanded Israel to bring a sin offering to atone for God's having diminished the moon. This is what Rabbi Simeon ben Lakish taught: Why does the verse say "a sin offering for God" (Numbers 28:35)? God says: Bring the sin offering to atone for Me, since I diminished the moon.

-BABYLONIAN TALMUD

יְהִי רָצוֹן מִלְּפָנֶיךְ יהוה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ [וְאִמּוֹתֵינוּ], הַמֵּשִׁיב בָּנִים לִגְבוּלָם, שֻׁתַּצְלֵנוּ בְשִּׁמְחָה לְאַרְצֵנוּ וְתִּטָּעֵנוּ בִּגְבוּלֵנוּ, שֶׁשָּׁם עֲשׁוּ אֲבוֹתֵינוּ וֹוְאִמּוֹתֵינוּ] לְפָנֶיךְ אֶת־קְרְבְּנוֹתֵיהֶם, הְּמִידִים כְּסִדְרָם וֹוֹאַפְים בְּהִלְּכָתָם. וְאֶת־מוּסֵף יוֹם הַשַּׁבָּת הַנֶּה וְאֶת־מוּסֵף יוֹם הַשַּׁבָּת הַנֶּה וְאֶת־מוּסֵף יוֹם הַשַּׁבָּת הַנֶּה וְאֶת־בּמוּסֵף יוֹם הַשַּׁבָּת הַנֶּה וְאֶת־בּמוּסֵף יוֹם הַשַּבְּת הַנֶּה וְאֶת־בּמְּהַבְּבְּתוּב בְּתוֹרָתֶךְ, עַל יְדֵי משֶׁה עַבְּדֶּךְ מִפִּי רְבוֹדֶךְ בָּאָמוּר:

ON SHABBAT בְּיוֹם הַשַּׁבָּת. Numbers 28:9–10.

ON YOUR NEW MOON FESTIVALS וּבְרָאשֵׁי חְדְשֵׁיכֶם. Numbers 28:11.

וּבְיוֹם הַשַּׁבָּת, שְׁנֵי בְבָשִּׁים בְּנֵי שָׁנָה הְּמִימִם, וּשְׁנֵי עֶשְּׂרנִים סְלֶת מִנְחָה בְּלוּלָה בַשֶּׁמֶן וְנִסְכּוֹ. עלַת שַׁבַּת בְּשַבַּתוֹ, עַל עלַת הַתָּמִיד וְנִסְכָּה.

> וּבְרָאשֵׁי חְדְשֵׁיכֶם תַּקְרְיבוּ עוֹלָה לַיהוה, פֶּרִים בְּנֵי בָקָר שְׁנַיִם, וְאַיִל אֶחָד, בְּבָשִּׁים בִּנֵי שָׁנָה שָׁבְעָה, תְּמִימִם.

וּמִנְחָתָם וְנִסְכֵּיהֶם כִּמְדֻבָּר, שְׁלֹשָׁה עֶשְׂרוֹנִים לַפָּר, וּשְׁנֵי עֶשְּׂרוֹנִים לָאֵיִל, וְעִשָּׂרוֹן לַכֶּבֶשׁ, וְיֵיֵן בְּנִסְכּוֹ, וְשָׁעִיר לְכַפֵּר, וּשְׁנֵי תְמִידִים בְּהִלְכָתָם.

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We continue on page 199.

Waxing and Waning The image of the sliver of moon-reappearing in the darkness and growing nightly into a full sphere, only to wane again—has been interpreted by some rabbis (for example, Joseph B. Soloveitchik) as a metaphor for the history of the Jewish people. At times, the Jewish people suffers in darkness; we may even fear utter extinction. But just as the moon's light is continually renewed, so too do we draw reassurance that we will again have a future that shines. Similarly, the waning and waxing of the moon may be seen as symbolic of Jewish tradition and Jewish practice. The life of the spirit, communally and individually, similarly shrinks and expands, grows dull and routinized before being reignited and reinspired. The observance of Rosh Hodesh itself is an example of the way Judaism is periodically renewed and revitalized. In many communities, this day has been reclaimed with great creativity and energy, especially by women. Each month presents an opportunity for us to contemplate the need for renewal and revitalization in our religious lives: as individuals, as communities, and as Jews. In this vein, we might well ask ourselves what it is that we need to reclaim and revitalize at this time.

May it be Your will, Additional our God and God of our ancestors, who restores their descendants to their land, to lead us there in joy and to plant us within our borders, where our ancestors once offered to You their sacrifices: the daily sacrifices in their proper order, as well as the additional ones required on Shabbat and festivals, as prescribed. Lovingly, the additional Shabbat and Rosh Hodesh sacrifices were offered there as You commanded, fulfilling the words spoken in revelation and written down by Moses, your servant, in Your Torah:

On Shabbat: two yearling lambs without blemish, together with two-tenths of a measure of choice flour with oil mixed in as a meal offering and with the proper libation—a burnt offering for every Shabbat, in addition to the daily burnt offering and its libation.

On your New Moon festivals you shall bring near an offering to Adona: two young bulls, one ram, and seven yearling lambs, without blemish.

And as it further states regarding the grain-gift and the libation: three-tenths of an *ephah* of choice flour with oil mixed in with each bull; two-tenths of an *ephah* of choice flour with oil mixed in for the ram; and one-tenth of an *ephah* of choice flour with oil mixed in for each lamb—along with the appropriate libation of wine. Also, a goat as atonement, and the two daily offerings, as ordained.

We continue on page 199.

AN ALTERNATE

יוֹצֵר בְּרֵאשִׁית בִּרְשׁוּבֵת חְדְשֶׁךְּ נָא חַדֵּשׁ בָּנוּ אוֹרְךּ וַאֲמִתֶּךְּ. שִׁבַב אוֹר הוֹלֵךְ וֹאֲמִתְּנַדֵּל, עַד יִשְׁתַּלֵם. שְבָב אוֹר הוֹלֵךְ וּמִרְנַּדֵּל, עַד יִשְׁתַּלֵם. אֲנָּא יהוה, אֲשֶׁר בְּאוֹרְךְ נִרְאָה אוֹר, עֲשֵׂה לֵנוּ כַּכָּתוּב לְעַרְדֶּךְ: וְנָאֶמֵר: הַהוֹלְכִים בַּחְשֶׁךְ יהוה אוֹר לִי. וְנָאֶמֵר: הַהוֹלְכִים בַּחְשֶׁךְ רָאוּ אוֹר. וְנַפְשֵׁנוּ בְּאוֹר פָּנֶיךְ תְּהַלֵּךְ.

חַדֵּשׁ אוֹר לְיָפָה וּבָרָה אֵצֵא מִחֲשׁיכָה לְאוֹרָה אָב נַמְתָּ לוֹ אַל תִּירָא אָרגוֹנֵן בְּצִלְּךּ אִיוֹם וְנוֹרָא. חַדֵּשׁ לְבָנָה לְהָאִיר בְּנוֹגְהָה תִּתְמַלֵּא וְתָאִיר עַל הַכֹּל בִּמְלוֹאָה בְּאֵם שֶׁפָּקַדְתָּ בְּאְוֹרַח פְּלִיאָה אָנָּא שָׁלַח לִבְנֵיהָ מְזוֹר וּרְפוּאָה.

יְהִי רָצוֹן מִלְפָנֶיךְ יהוֹה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ [וְאִמּוֹתֵינוּ], הַמֵּשִׁיב בָּנִים לִנְבוּלָם, שֶׁהְחַדֵּשׁ יָמֵינוּ בְּקֵדֶם וְתַעֲלֵנוּ בְשִּׁמְחָה לְאַרְצֵנוּ וְתִפָּעֵנוּ בִּנְבוּלֵנוּ, וַלֹא יִשַּׁמֵע עוֹד חָמָס בִּאַרְצֵנוּ, שׁד וָשֶׁבֶר בִּנְבוּלֵנוּ,

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THE NEW MOON AND PRAYERS FOR RENEWAL.

The sight of the new moon, with its promise of increasing light, urges us to attend to our own renewal.

WITH THE ARRIVAL OF A **NEW MONTH OF YOURS** בְּתִשׁוּבַת חָדְשֵׁךְ. In Hebrew, the word for month, hodesh, derives from the root meaning "new." The word t'shuvah, translated here as "arrival," also means "turn" or "return" and is frequently translated as "repentance." Thus, the phrase captures the various religious and psychological aspects of Rosh Hodesh: a time for renewal and turning, a time open to introspection and change.

YOUR LIGHT AND YOUR
TRUTHFULNESS אַרְרָךּ וַאֲמִתְּנֵן The liturgy incorporates
parts of several biblical
verses. This phrase is taken
from Psalm 43:3; "Through
Your light . . ." comes from
Psalm 36:10; "though I sit in
darkness . . ." from Micah
7:8; "those who walk in
darkness," from Isaiah 9:1.

FOR YOU SHALL RAISE UP A SHINING LIGHT אוֹר כְּגַה Based on Isaiah 9:1.

RENEW חַדֵּשׁ. This is the first stanza of a *piyyut* for Rosh Ḥodesh written by Pinḥas Hakohen (mid-8th century,

the Land of Israel). The second stanza was composed for this siddur by Edward Feld and edited by Admiel Kosman.

DO NOT FEAR אֵל תִּינֶרְא. Abraham, Isaac, and Jacob are each told by God not to fear (Genesis 15:1, 26:24, and 46:3). The poet probably has in mind God's assurance to Abraham in a dream that his progeny will be like the stars and that the coming slavery in Egypt will eventually end in freedom.

WONDROUS WAY בְּלִיאָה. God remembered Sarah who had longed for a child, and in old age she bore Isaac—a miraculous gift (Genesis 21:1).

MAY VIOLENCE NO LONGER BE HEARD IN OUR LAND אָלְאַיִשָּׁמֵע עוֹד חָמָס בְּאַרְצֵנוּ, Isaiah 60:18.

At the New Moon: Rosh Hodesh

We greet the moon that is not gone but only hidden, unreflecting, inturned and introspective, gathering strength to grow as we greet the first slim nail paring of her returning light. Don't we understand the strength that wells out of retreat?

Can we not learn to turn in to our circle, to sink into the caves of our silence, to drink lingering by those deep cold wells, to dive into the darkness of the heart's storm until under the crashing surge of waves it is still except for our slow roaring breath?

-MARGE PIERCY

AN ALTERNATE

Fourth B'rakhah: The Celebration of Rosh Hodesh

THE NEW MOON AND PRAYERS FOR RENEWAL

Creator, with the arrival of a new month of Yours, renew within us Your light and Your truthfulness.

You placed a sign at the edge of heaven, a splinter of light that then grows into fullness.

Through Your light may we see light; do for us as it is written by Your servant Micah:

"And it shall be though I sit in darkness,

God's light will shine for me."

And as the prophet Isaiah said:

"Those who walk in darkness have seen light."

For You shall raise up a shining light for me; cause our joy to flourish, as You lead us by the light of Your face.

Renew the light to its clear brilliance that I might go from darkness to light.
Once, You told our ancestor: "Do not fear."
I, too, seek to rest in Your shadow, awe-inspiring Creator.

Renew the moon so that its light may be bright; may it grow each day and light our way. As You remembered Sarah in Your wondrous way, send to her children strength and healing.

May it be Your will, Adonal our God and God of our ancestors, who restores their descendants to their land, to renew our days as of old; lead us in joy back to our land and plant us within our borders. May violence no longer be heard in our land, nor destructiveness be found within its borders.

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DO NOT 46:3). T stars an

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MAY VII

All continue here:

יִשְׂמְחוּ בְמַלְכוּתְךּ שׁוֹמְנֵי שַׁבָּת וְקְוֹרְאֵי עְנֶג, עַם מְקַדְּשֵׁי שְׁבִיעִי, כָּלֶם יִשְּׁבְּעוּ וְיִתְעַנְּגוּ מִטּוּכֶךְ, וְהַשְּׁבִיעִי רָצִיתָ בּוֹ וְקִדַּשְׁתּוֹ, הַמְדַּת יָמִים אוֹתוֹ קָרָאתָ, זֵכֶר לְמַעֲשֵׂה בְּרֵאשִׁית.

When the Amidah is recited aloud, the congregation answers "Amen" after each pair of blessings in the following paragraph.

אֶלהֵינוּ וֵאלהֵי אֲבוֹתֵינוּ [וְאִמּוֹתֵינוּ], וְצֵה בִמְנוּחָתֵנוּ,
וְחַדֵּשׁ עָלֵינוּ בְּיוֹם הַשַּׁבָּת הַזֶּה אֶת־הַחְדֶשׁ הַזֶּה,
לְטוֹבָה וְלִבְּרָבָה, לְשָׁשׁוֹן וּלְשִׁמְחָה, לִישׁוּעָה וּלְנָחָמָה,
לְפַרְנָסָה וּלְכַלְכָּלָה, לְחַיִּים וּלְשָׁלוֹם, לִמְחֵילַת חֵטְא
וְלְסְלִיחַת עָוֹן [וּלְכַפְּרַת פְּשַׁעֹ during a leap year we add.].
נְיִשְׁבָּת קְדְשְׁךּ לָהֶם הוֹדֵעְהָ,
וְשֻׁבַּת קְדְשְׁךּ לָהֶם הוֹדֵעְהָ,
וְחֻקִי רָאשֵׁי חְדָשִׁים לָהֶם קּבֶעְתָּ.
בְּרוּךְ אַתָּה יהוה, מְקַדֵּשׁ הַשַּׁבָּת וְיִשְׂרָאֵל וְרָאשֵׁי חְדָשִׁים.

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רְצֵח, יהוה אֱלֹהֵינוּ, בְּעַמְּךּ יִשְּׂרָאֵל וּבִּתְפִּלֶּתָם, וְהָשֵׁב אֶת־הָעֲבוֹדָה לִדְבִיר בֵּיתֶרְּ, וּתְפִּלֶּתָם בְּאַהֲבָה תְקַבֵּל בְּרָצוֹן, וּתְהִי לְרָצוֹן תָּמִיד עֲבוֹדַת יִשְׂרָאֵל עַמֶּךְ.

ּוְתֶחֶזֶינָה עֵינֵינוּ בְּשׁוּבְךּ לְצִיּוֹן בְּרַחֲמִים. בָּרוּך אַתָּה יהוה, הַמַּחֲזִיר שְׁכִינָתוֹ לְצִיּוֹן. GOODNESS AND BLESSING לְטוֹבָה וְלְבְּרָכָה. The liturgy enumerates twelve positive traits, corresponding to the twelve months of the year.

AND ATONEMENT FOR WRONGDOING אַלְבַפֶּרַת שפח פוּשְׁע. To keep the lunar year (354 days) in accord with the solar year (365 days), the Jewish calendar adds a "leap month" seven times every nineteen years. In those leap years, this thirteenth positive trait is added to the usual twelve.

FIFTH B'RAKHAH: THE RESTORATION OF ZION. AS the Amidah moves to its conclusion, we pray that the words we have recited are accepted with love, even as they may have been offered imperfectly. Once, we could be assured that our imperfections would be forgiven and we could offer atonement for them. Now, though we cannot capture the awe and grandeur of the Temple, nor the sense of reverence and majesty conveyed by the High Priest entering the holy of holies, we simply pray that our offerings be acceptable because they are the gift of the heart.

All continue here:

Those who observe Shabbat and call it a delight shall rejoice in Your sovereignty. The people who sanctify the seventh day shall all be fulfilled and shall delight in Your abundant goodness. You have loved the seventh day and sanctified it, calling it the most beloved of days, a symbol of the work of creation.

Yism'hu v'malkhut'kha shomrei shabbat v'korei oneg, am m'kadshei sh'vi-i, kulam yisbe'u v'yitangu mi-tuvekha, u-va-sh'vi-i ratzita bo v'kidashto, hemdat yamim oto karata, zeikher l'ma-aseih v'reishit.

When the Amidah is recited aloud, the congregation answers "Amen" after each pair of blessings in the following paragraph.

May it be Your will, Addinary our God and God of our ancestors, to find favor in our rest. On this Shabbat, renew us in this new month with goodness and blessing, joy and gladness, deliverance and consolation, sustenance and support, life and peace, pardon of sin, and forgiveness of transgression [during a leap year we add: and atonement for wrongdoing]. For You have chosen the people Israel from among all nations, proclaiming Your holy Shabbat to them and ordaining for them the laws of the New Moon. Barukh atah Addinary, who makes Shabbat, the people Israel, and the New Moon festival holy.

ַבּר,

Fifth B'rakhah: The Restoration of Zion

Adonal our God, embrace Your people Israel and their prayer. Restore worship to Your sanctuary. May the prayers of the people Israel be lovingly accepted by You, and may our service always be pleasing.

May our eyes behold Your compassionate return to Zion. *Barukh atah Adonai*, who restores Your Divine Presence to Zion.

When the Amidah is recited silently, we read the following paragraph. When the Amidah is chanted aloud, the leader reads this paragraph as the congregation reads the next passage.

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מוֹדִים אֲנַחְנוּ לָּךְ, שְׁאַתָּה הוֹא יהוֹה אֱלֹהֵינוּ וֵאלֹהֵי
 אֲבוֹתֵינוּ [וְאִמּוֹתֵינוּ] לְעוֹלֶם וָעֶד. צוּר חַיֵּינוּ מָגַן יִשְׁעֵנוּ
 אֲהָה הוּא לְדוֹר וָדוֹר נוֹדֶה לְּךְ וּנְסַפֵּר הְּהַלֶּתֶך, עַל חַיֵּינוּ הַמְּסוּרִים בְּיָדֶךְ וְעַל נִשְׁמוֹתֵינוּ הַפְּקוּדוֹת לָךְ, וְעַל נִשְּׁמוֹתֵינוּ הַפְּקוּדוֹת לָךְ, וְעַל נִשֶּׁיךְ שֶׁבְּכָל־יוֹם עִמֵּנוּ, וְעַל נִפְּלְאוֹתֶיךְ וְטוֹבוֹתֶיךְ שֶׁבְּכָל־עֵת, עֶבֶּלְ וֹבְּקֹר מֵלֹת, בִּי לֹא כָלְוּ רַחֲמֶיךְ,
 עֻבְירָ הַאֹרְיָרְ מֵעוֹלֶם קִנִינוּ לָךְ.

This paragraph is recited by the congregation when the full Amidah is repeated by the service leader, by custom remaining seated and bowing slightly.

ל מוֹדִים אֲנַחְנוּ לָךְ שָׁאַתָּה הוּא יהוּה אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ [וְאִמּוֹתֵינוּ], אֱלֹהֵי כְל־בָּשָּׂר, יוֹצְרֵנוּ, יוֹצֵר אֲבוֹתֵינוּ [וְאִמּוֹתֵינוּ], אֱלֹהֵי כְל־בָּשָּׂר, יוֹצְרֵנוּ, יוֹצֵר בְּרֵאשִׁית. בְּרָכוֹת וְהוֹדָאוֹת לְשִׁמְרָ הַבְּּדוֹל וְהַקִּדְוֹשׁ, עַל שֶׁהֶחֶיִיתֵנוּ וְקִיּמְנוּ, וְתָאֶסוֹף נְּלְעֲשׁוֹת רְצוֹנֶךְ, וּלְעֻבְּיוֹת רְצוֹנֶךְ, וּלְעֲבְיוֹת רְצוֹנֶךְ, וּלְעֲבְיְרְךְּ בְּלֵבְעשׁוֹת רְצוֹנֶךְ, וּלְעְבְרְדְּךְ בְּלֵבְשׁוֹת וְצוֹנֶךְ, וּלְעְבְרְדְּךְ בְּלֵבְעשׁוֹת וְצוֹנוּ שֵׁאֲנֵחְנוּ מוֹדִים לֶךְ.
בּרוּרְ אל ההוֹדְאוֹת.

On Ḥanukkah we add Al Hanisim on page 430.

ּוְעַל כָּלָם יִתְבָּרֵךְ וְיִתְרוֹמֵם שִׁמְךּ מַלְבֵּנוּ תָּמִיד לְעוֹלָם וָעֶדּ

וְכֹל הַחַיִּים יוֹדְוּךְ פֶּלָה, וִיהַלְלוּ אֶת־שִׁמְךְ בָּאֶמֶת, הָאֵל יְשׁוּעָתֵנוּ וְעֶזְרָתֵנוּ סֶלָה. 1 בָּרוּךְ אַתָּה יהוה, הַטּוֹב שִׁמְךּ וּלְךְּ נָאֶה לְהוֹדוֹת.

THE SIXTH B'RAKHAH. The penultimate b'rakhah of the Amidah has two versions. The first is recited during the silent Amidah. or by the leader when the Amidah is repeated aloud. This version reflects on the miracles of daily life. When the Amidah is recited aloud by the leader, the congregation accompanies the leader with a different version of the blessing, one that remarks on the very ability to give thanks. The central idea it expresses is modim anaḥnu lakh . . . al sheanaḥnu modim lakh, "we thank You for the ability to thank You." The prayer may be understood as an expression of appreciation for being part of a religious tradition that values gratitude. More radically, this prayer may be understood as expressing the thought that our prayers may be addressed to God, but God is the Source of All—even the prayers we speak. The very ability to thank is thus. a manifestation of the presence of God within us.

WE THANK YOU בחוֹד. Our gratitude is expressed in universal terms, without reference to Jewish particularity. Here we reflect on the very basis of life itself. God's wonders are found in the cycles of the planets,

the rhythm of the seasons, the resurgence of life. We may come to realize that gratitude is a self-creating blessing: the more we cultivate gratitude, the more we are aware of all that we receive for which we may be grateful, the more we blossom as human beings. (Bradley Shavit Artson)

The Miracles That Accompany Us

The prayer talks of the "miracles that accompany us each day." Our lives are made up moments that are quite special, at which times it is easy to express gratitude: moments of great joy, the birth of a child, graduations, weddings, recovery from lifethreatening illness. But there is also the miracle of the everyday-which, because it is commonplace, we often fail to recognize: the ability to use our limbs for what we desire, the warmth of the sun, the plants around us that sustain our breathing. When the moon is hidden, we can see the stars in heaven more clearly. When our lives are made up of "nothing special," we might acknowledge how special our lives are.

But even more importantly: some of our greatest blessings initially present themselves to us concealed within disappointment, uncertainty, loss, or pain; the aspect of blessing within unfolds slowly, over time-and often only in retrospect. We might realize later that the job we didn't get was not appropriate for us and we were saved from a disastrous misfit; a serious illness may become a turning point in our life when we

Sixth B'rakhah: Gratitude for Life and Its Blessings

When the Amidah is recited silently, we read the following paragraph. When the Amidah is chanted aloud, the leader reads this paragraph as the congregation reads the next passage.

f We thank You, for You are ever our God and the God of our ancestors; You are the bedrock of our lives, the shield that protects us in every generation. We thank You and sing Your praises—for our lives that are in Your hands, for our souls that are under Your care, for Your miracles that accompany us each day, and for Your wonders and Your gifts that are with us each moment—evening, morning, and noon. ▶ You are the one who is good, whose mercy is never-ending; the one who is compassionate, whose love is unceasing. We have always placed our hope in You.

This paragraph is recited by the congregation when the full Amidah is repeated by the service leader, by custom remaining seated and bowing slightly.

If We thank You for the ability to acknowledge You. You are our God and the God of our ancestors, the God of all flesh, our creator, and the creator of all. We offer praise and blessing to Your holy and great name, for granting us life and for sustaining us. May You continue to grant us life and sustenance. Gather our dispersed to Your holy courtyards, that we may fulfill Your mitzvot and serve You wholeheartedly, carrying out Your will. May God, the source of gratitude, be praised.

On Ḥanukkah we add Al Hanisim on page 430.

For all these blessings may Your name be praised and exalted, our sovereign, always and forever.

May all that lives thank You always, and faithfully praise Your name forever, God of our deliverance and help. f *Barukh atah Adonai*, Your name is goodness and praise of You is fitting.

appreciate what is important for us, or it may be a moment of discovery of how much we are cherished by others. In expressing our gratitude *al kulam* ("for all these blessings"), we approach our lives with humility and faith, recognizing that with the benefit of hindsight, what seems like darkness in our lives may contain with it a blessing only later to be revealed, only later becoming a shining light.

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During the silent Amidah, we continue with שִׁים שָׁלוֹם below. During the repetition of the Amidah, the leader recites the Birkat Kohanim.

אֶלהֵינוּ וֵאלהֵי אֲבוֹתֵינוּ [וְאִמּוֹתֵינוּ], בֶּרְכֵנוּ בַּבְּרָכָה הַמְשֻׁלֶּשֶׁת בַּתוֹרָה הַבְּתוּכָה עַל יְדֵי מֹשֶׁה עַרְדֶּךְּ, הָאָמוּרָה מִפִּי אַהֲרֹן וּבָנִיו, כֹּהֲנִים, עַם קְדוֹשֶׁךְ, כָּאָמוּר:

יְבָרֶכְךְּ יהוה וְיִשְּׁמְרֶךְּ. יָבֶרֶכְךְּ יהוה פָּנָיו אֵלֶיךְ וִיחְבֶּךְ. יַשָׂא יהוה פָּנָיו אֵלֶיךְ וְיִשֵּׂם לְךְּ שָׁלוֹם. בּן יְהִי רָצוֹן.

שִּׁים שָׁלוֹם בָּעוֹלָם טוֹבָה וּבְרָבָה, שִׁים שָׁלוֹם בָּעוֹלָם טוֹבָה וּבְרָבָה, חֵן וָחֶטֶד וְרַחֲמִים עָלֵינוּ וְעַל בְּל־יִשְׂרָאֵל עַמֶּךּ. בִּי בְאוֹר פָּנֶיךּ נָתַתָּ לֵנוּ, יהוה אֱלֹהֵינוּ, וּצְדָּקָה וּבְרָכָה וְרַחֲמִים וְחָיִּים וְשָׁלוֹם. וְטוֹב בְּעִינֵיךּ לְבָרֵךְ אֶת־עַמְּךּ יִשְׂרָאֵל בְּכְל־עֵת וּבְכָל-שָׁעָה בִּשְׁלוֹמֵךְ.

בָּרוּךְ אַתָּה יהוה, הַמְבָרֵךְ אֶת־עַמּוֹ יִשְׂרָאֵל בַּשָּׁלוֹם.

When the Amidah is recited aloud with a minyan, we continue with Kaddish Shalem on page 203.

THE PRIESTLY BLESSING.

The Torah refers to God's "hiding the divine face" as a form of punishment, bringing disaster to the individual or to the world (see Deuteronomy 31:17 and 32:20). In later rabbinic and kabbalistic thought, this metaphor came to refer to times when God seems absent, and God's protection withdrawn: when we suffer from oppression or tragedy, when we feel desperately alone and vulnerable, or when we are unable to find meaning in life. Of such times, Martin Buber writes: "The space of history is then full of noise, but empty of the divine breath. For one who believes in the living God . . . it is a difficult time to live."

The Priestly Blessing asks for precisely the opposite: that God's face may shine upon us and be lifted toward us. To feel blessed is to feel accompanied as we walk through life: we experience the world that meets us as welcoming, our

days filled with vitality and meaning. It is then that we sense the presence of God in our lives. We leave the moment of prayer with the hope that such blessing may come to us—and perhaps, for a moment, we may have felt such blessing as we prayed.

RANT PEACE אים שָׁלוֹם. The final blessing of the Amidah is a prayer for peace. There are, however, two versions of this blessing: this particular version is recited only when the kohanim would have traditionally ascended the bimah to bless the congregation. The words sim shalom, "grant peace," are related directly to the conclusion of Birkat Kohanim, the Priestly Blessing: "May God grant you peace." Additionally, the paragraph speaks of the light of God's face as bestowing blessing, a metaphor taken directly from the Priestly Blessing. The midrash says that God's name is peace (Sifrei Numbers 42), and the Priestly Blessing looks to God to bestow on us the almost-divine ability to extend peace and kindly love to others.

מוסף לשבת ראש חודש · עמידה 201

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שַׁאֵלוּ שָׁלוֹם יִרוּשָׁלֵיִם ישליו אהביך. יָהִי שַׁלוֹם בִּחֵילֵךְ שַׁלְוָח בַּאַרִמְנוֹתָיִרְּ. לָמַעַן אַחַי וָרָעָי אֲדַבְּרָה ַנָּא שָׁלוֹם בָּךְ. לְמַעַן בֵּית יהוה אֵלהֵינוּ אבקשה טוב לֶר. Pray for the peace of Jerusalem. May those who love her be tranquil; may there be peace on your ramparts, tranquility in your citadels. For the sake of my friends and my kin I pray for peace. For the sake of the house of Adonai our God, I seek your welfare. Sha-alu sh'Iom yerushalayim yishlayu ohavayikh. Y'hi shalom b'heilekh shalvah b'arm'notayikh. L'ma·an aḥai v'rei·ai adabrah na shalom bakh L'ma-an beit Adonai eloheinu avakshah tov lakh.

—PSALM 122:6-9

Seventh B'rakhah: Prayer for Peace

During the silent Amidah, we continue with "Grant Peace," below.

During the repetition of the Amidah, the leader recites the Priestly Blessing.

Our God and God of our ancestors, bless us with the threefold blessing of the Torah written by Moses Your servant, recited by Aaron and his descendants, the *kohanim*, the consecrated priests of Your people:

May Adonai bless and protect you.

So may it be God's will. Ken y'hi ratzon,

May Adonai's countenance shine upon you and may Adonai bestow kindness upon you.

So may it be God's will. Ken y'hi ratzon.

May Adonai's countenance be lifted toward you and may Adonai grant you peace.

So may it be God's will. Ken y'hi ratzon.

Grant peace to the world, goodness and blessing, grace, love, and compassion, for us and for all the people Israel. Bless us, our creator, united as one with the light of Your presence; by that light, Adonai our God, You have given us a guide to life, the love of kindness, generosity, blessing, compassion, life, and peace. May it please You to bless Your people Israel at every season and at all times with Your gift of peace.

Sim shalom ba-olam tovah u-v'rakahah, hen va-hesed v'rahamim, aleinu v'al kol yisrael amekha. Bar'khenu avinu kulanu k'ehad b'or panekha, ki v'or panekha natata lanu, Adonai eloheinu, torat hayim v'ahavat hesed, u-tzedakah u-v'rakhah v'rahamim v'hayim v'shalom. V'tov b'einekha l'varekh et am'kha yisrael b'khol eit u-v'khol sha-ah bishlomekha.

Barukh atah Adonai, who blesses Your people Israel with peace.

When the Amidah is recited aloud with a minyan, we continue with Kaddish Shalem on page 203.

The silent recitation of the Amidah concludes with a personal prayer or one of the following:

אָלהַי, נְצוֹר לְשׁוֹנִי מֵרָע, וּשְׂפָתִי מִדַּבֵּר מִרְמָה, וְלִמְקּלְנִי אֶלֹהַי, נְצוֹר לְשׁוֹנִי מֵרָע, וּשְׂפָתִי מִדַבֵּר מִרְמָה, וְלִמְקּלְנִי בְּעִּה תְּדֹם, וְנַפְשִׁי בָּעָפָּר לַכּל תִּהְיֶה. פְּתַח לִבִּי בְּתוֹרָתֶהְ, וְבְּשִׁי תִּבְים עָלִי רָעָה, בְּמְצְוֹ הְּבֶּר הָבֶּל מַחֲשַׁבְתָּם. צְשֵׂה לְמֵעַו שְׁמֶהְ, צְשֵׂה לְמֵעַו שְׁמֶהְ, עֲשֵׂה לְמֵעַו שְׁמֶהְ, עֲשֵׂה לְמֵעַו שְׁמֶהְ, עֲשֵׂה לְמֵעַו שְׁמֶהְ, עֲשֵׂה לְמֵעַו הְוֹעֲיֵנִר, הוֹשְׁיעָה יְמִינְךְּ וַעְנֵנִי.

יִהְיוּ לְרָצוֹן אִמְרֵי פִּי וְהָגְיוֹן לִבִּי לְפָנֶיךּ, יהוה צוּרִי וְגוֹאֲלִי.

Some have the custom of taking three steps backward and bowing at the conclusion of the Amidah, as if exiting the court of a sovereign.

עשֶׂה שָׁלוֹם בִּמְרוֹמִיֹו, הוּא יַעֲשָׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל־יִשְּׂרָאֵל [וְעַל כָּל־יוֹשְׁבֵי תַבַל], וְאִמְרוּ אָמֵן.

יָהִי רָצוֹן מִלְּפָנֶיךּ יהוה אֱלֹהֵינוּ שֶׁתַשְׁבִּין בְּפוּרֵינוּ אַהְבָּה וְאַחְוָה וְשָׁלוֹם וְרֵעוּת, וְתַרְבֶּה גְבוּלֵנוּ בְּתַלְמִידִים, וְתַּלְּנֵנוּ בְּחָבֵר טוֹב וְיֵצֶר טוֹב בְּעוֹלְמֶךּ, וְנַשְׁבִּים חָלְקֵנוּ בְּגַן עֵדֶוֹ, יחוּל לְבָבֵנוּ לְיִרְאָה אֶת-שְׁמֶךּ, וְתָבֹא לְפָנֵיךּ קוֹרַת נַפְשֵׁנוּ לְטוֹבָה.

יִהְיוּ לְרָצוֹן אִמְרֵי פִּי וְהֶגְיוֹן לִבִּי לְפָנֵיךּ, יהוה צוּרִי וְגוֹאֲלִי.

Some have the custom of taking three steps backward and bowing at

the conclusion of the Amidah, as if exiting the court of a sovereign.
עשָׁה שָׁלוֹם בִּמְרוֹמִיוּ, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ
וַעַל בָּל־יִשְׂרָאֵל [וְעַל בָּל־יִוֹשְׁבִי תַבַל], וְאִמְרוּ אָמֵן.

When the Amidah is to be repeated aloud, we turn back to page 193. Otherwise, we continue with Kaddish Shalem on page 203.

An individual praying without a minyan may turn to Ein Keiloheinu, page 204.

MY GOD אֵלהֹי. One opinion voiced in the Babylonian Talmud states that every Amidah must be accompanied by a personal prayer (Berakhot 29b). This prayer is offered by the Babylonian Talmud (Berakhot 17a) as an example; it is attributed to Mar son of Ravina (4th century).

MAY THE WORDS יְהִיוּ לְרָצוֹן. Psalm 19:15. Rabbi Yohanan (3rd century, the Land of Israel) recommended that the Amidah conclude with this verse (Talmud of the Land of Israel, Berakhot 4:4).

MAY IT BE YOUR WILL
יְהִי רָצוֹן. A prayer recited
by Rabbi Eleazar, upon
concluding the Amidah
(Babylonian Talmud, Berakhot 16b).

Focusing on Prayer
Our prayers have
spiritual meaning even
when—or perhaps especially when—our mind
wanders.

Once the Baal Shem Tov was asked: "If you realize that you have not focused on the prayer that you have just recited, should you go back and recite the prayer again—this time with proper intention?" He responded: "Is not God present in all things? In some way, God must have been present in the previous moment when your mind wandered; now, were you to go back and recite the prayer again, you would deny the presence of God in that original moment."

The silent recitation of the Amidah concludes with a personal prayer or one of the following:

K

My God, keep my tongue from evil, my lips from deceit. Help me ignore those who would slander me. Let me be humble before all.

Open my heart to Your Torah, that I may pursue Your mitzvot. Frustrate the designs of those who plot evil against me; nullify their schemes.

Act for the sake of Your name, act for the sake of Your triumph, act for the sake of Your holiness, act for the sake of Your Torah. Answer my prayer for the deliverance of Your people.

May the words of my mouth and the meditations of my heart be acceptable to You, Adonal, my rock and my redeemer.

Some have the custom of taking three steps backward and bowing at the conclusion of the Amidah, as if exiting the court of a sovereign. May the one who creates peace on high bring peace to us and to all Israel [and to all who dwell on earth]. And we say: Amen.

May it be Your will that whatever our destiny, You might cause to dwell within it love and brotherhood, peace, and friendship. May our land abound with disciples, and may our days conclude with hope in the future; may our share be in the Garden of Eden. May You afford us good friends and a good nature as we act in this world of Yours. May we awake in the morning and find that the desire of our hearts is to be in awe of You. And may all that occurs to us be considered by You as good.

May the words of my mouth and the meditations of my heart be acceptable to You, Adonal, my rock and my redeemer.

Some have the custom of taking three steps backward and bowing at the conclusion of the Amidah, as if exiting the court of a sovereign.

May the one who creates peace on high bring peace to us and to all Israel [and to all who dwell on earth]. And we say: *Amen.*

Yihyu l'ratzon imrei fi v'hegyon libi l'fanekha, Adonai tzuri v'go∙ali.

Oseh shalom bimromav hu ya-aseh shalom aleinu v'al kol yisrael [v'al kol yosh'vei teiveil], v'imru amen.

When the Amidah is to be repeated aloud, we turn back to page 193.

Otherwise, we continue with Kaddish Shalem on page 203.

An individual praying without a minyan may turn to Ein Keiloheinu, page 204.

קַדִישׁ שָׁלֵם

ּיִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵה רַבָּא, בְּעָלְמָא דִּי בְרָא, בִּךְעוּתֵה, וַיָּמִלִיךְ מַלְכוּתֵה בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן וּבְחַיֵּי דְכָל־בֵּית יִשְּׂרָאֵל, בַּעֵנֶלָא וּבִוְמֵן קָרִיב, וְאִמְרוּ אָמֵן.

Congregation and Leader:

ָיָהֵא שְׁמֵה רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמַיָּא.

Leader:

יִתְבָּרֵךְ וְיִשְׁתַבַּח וְיִתְפָּאַר וְיִתְרוֹמֵם וְיִתְנַשֵּׁא וָיִתִהַדֵּר וְיִתִעַלֶּה וִיִתְהַלֶּל שְׁמֵה דְּקְדְשָׁא, בְּרִיךְ הוּא, [on Shabbat Shuvah we substitute: לְעֵלָא מְנַלָּא לְעֵלָא לְעֵלָא ָבּרְכָתָא וְשִׁירָתָא תֻּשְׁבְּחָתָא וְנֶחָמָתָא דַּאֲמִירָן בְּעָלְמָא, וָאִמְרוּ אָמֵן.

תִּתְקַבַּל צְלוֹתְהוֹן וּבָעוּתְהוֹן דְּכָל־יִשְׂרָאֵל קָדָם אֲבוּהוֹן דִי בִשְׁמֵיָּא וָאִמְרוּ אָמֵן.

ָיְהֵא שְׁלָמָא רַבָּא מִן שְׁמִיָּא, וְחַיִּים עָלֵינוּ וְעַל בְּל־יִשְּׂרָאֵל, וֹאִמְרוּ אָמֵן.

עשָׁה שָׁלוֹם בִּמְרוֹמִיו הוּא יַצֲשֶׂה שָׁלוֹם עָלֵינוּ ּוְעַל כָּל־יִשְּׂרָאֵל [וְעַל כָּל־יוֹשְׁבִי תַבַל], וְאִמְרוּ אָמֵן.

KADDISH SHALEM. The Kaddish Shalem (literally, "Full Kaddish") ends the Musaf service. It is called the "Full Kaddish" because it includes a plea, omitted from other forms of the Kaddish, that the prayers we have offered be acceptable.

203 מוסף לשבת ויום טוב · עמידה

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The Greatness of God and the Greatness of the Human Soul

Just as the Divine suffuses the entire world, so the soul suffuses the entire body.

Just as the Divine sees but is not seen, so the soul sees but is not seen.

Just as the Divine sustains the whole world, so the soul sustains our existence.

Just as the Divine is pure, so the soul is pure.

Just as Divinity dwells in the innermost sanctuary of the universe, so the soul dwells in the innermost sanctuary of human beings.

Let that which has these five qualities praise the one who has these five qualities.

-BABYLONIAN TALMUD

Kaddish Shalem

Leader:

May God's great name be exalted and hallowed throughout the created world, as is God's wish. May God's sovereignty soon be established, in your lifetime and in your days, and in the days of all the house of Israel. And we say: Amen.

Congregation and Leader:

May God's great name be acknowledged forever and ever! Y'hei sh'meih raba m'varakh l'alam u-l'almei almaya.

May the name of the Holy One be acknowledged and celebrated, lauded and worshipped, exalted and honored, extolled and acclaimed—though God, who is blessed, b'rikh hu, is truly [on Shabbat Shuvah we add: far] beyond all acknowledgment and praise, or any expressions of gratitude or consolation ever spoken in the world. And we say: *Amen*.

May the prayers and pleas of all Israel be accepted by their creator in heaven. And we say: Amen.

May heaven bestow on us, and on all Israel, life and abundant and lasting peace. And we say: Amen.

May the one who creates peace on high bring peace to us and to all Israel [and to all who dwell on earth]. And we say: Amen.

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סיום התפילה

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אֵין בֵּאלֹהֵינוּ, אֵין כַּאדוֹנֵינוּ, אֵין בָּאלֹהֵינוּ, אֵין כְּאדוֹנֵינוּ, מִי כַאלֹהֵינוּ, מִי כַאדוֹנֵינוּ, מִי כְמִלְבֵנוּ, מִי כְמוֹשִׁיעֵנוּ. נוֹדָה לֵאלֹהֵינוּ, נוֹדָה לַאדוֹנֵינוּ, בֹּרוּך אֶלֹהֵינוּ, בָּרוּך אֲדוֹנֵינוּ, בָּרוּך מֻלְבֵנוּ, בָּרוּך אֲדוֹנֵינוּ, אַתָּה הוּא אֱלֹהֵינוּ, אַתָּה הוּא אֲדוֹנֵינוּ, אַתָּה הוּא מֵלְבֵנוּ, אַתָּה הוּא אֲדוֹנֵינוּ, אַתָּה הוּא שֶׁהִקְטֵירוּ אֲבוֹתֵינוּ לפניך את־קִטְרַת הַפַּמִּים.

אָמֵר רַבִּי אֶלְעָזָר אָמֵר רַבִּי חֲנִינָא: תַּלְמִידֵי חֲכָמִים מַרְבִּים שָׁלוֹם בָּעוֹלָם, שֶנֶּאֱמֵר: וְכְל־בָּנַיִּךְ לִּמּוּדֵי יהוֹה, וְרֵב שְׁלוֹם בְּנֵיִרְ, אַל תִּקְרָא בָּנֵיִךְ אֶלֶא בּוֹנֵיִרְ יְהִי שָׁלוֹם בְּחֵילֵךְ, שַׁלְוָה בְּאַרְמְנוֹתֵיִךְ. ▶ לְמַעַן אַחִי וְרֵעָי, אֲדַבְּּרָה נָּא שָׁלוֹם בָּךְ. לְמַעַן בִּית יהוה אֱלֹהֵינוּ, אֲבַקְשָׁה טוֹב לָרְ. יהוה עוֹ לְעַמּוֹ יִתַּן, יהוה יְבָרֵךְ אֶת־עַמּוֹ בַשָּׁלוֹם.

NONE COMPARES TO OUR gop אֵין כֵּאלֹהֵינוּ. This 1st-millennium prayer was originally composed as a mystical meditation: the repetitions served to bring the devotee to an ecstatic visionary state. Because of its simplicity and ease of recall, it became a favorite prayer with which to conclude a service and, in the Sephardic liturgy, it forms part of the conclusion of every morning service. The first three stanzas spell out the acrostic amen and the next two begin with the first two words of every blessing: barukh atah.

RABBI ELEAZAR SAID אַמַר רַבִּי אֱלְעָזָר. In the ancient synagogue, prayer services concluded with Torah study. This passage is a remnant of that tradition; it is a passage quoted extensively in the Talmud. In reciting it, we express the hope that the teaching and learning we have experienced today will help create a world of peace. It is through the teaching of the values that Torah represents that we ultimately achieve security.

In some congregations, the service continues with Kaddish D'Rabbanan, page 111.

ALL YOUR CHILDREN SHALL BE TAUGHT BY ADONAI וְכָל־בָּנֵיִךְ לְמוּדֵי יהוה. Isaiah 54:13. The rabbis see the teachers of Torah as "builders" and their disciples as their children.

MAY THOSE WHO LOVE YOUR TORAH FIND GREAT PEACE שָׁלוֹם רֶב לְאֹרֶבֵי תוֹרֶתֶךְ. Psalm יַּשְׁלוֹם רֶב לְאֹרֶבֵי תוֹרָתֶךְ. Psalm יַּשְׁלוֹם רָב לְאֹרֶבי תוֹרָתֶרְ. Psalm יַּשְׁלוֹם רָב לְאוֹרָם, Psalm יַּשְׁלוֹם רָב לְאוֹרָם. This verse begins a series of verses, all of which contain a prayer for peace—thus offering for study a fitting conclusion to the service.

MAY THERE BE PEACE WITHIN YOUR WALLS יְהֵי שָׁלוֹם בְּחֵילֵךְ. Psalm 122:7.

FOR THE SAKE OF MY BROTHERS . . . FOR THE SAKE OF THE HOUSE OF ADONAI לְמֵעַן אַחַי. . לְמֵעַן בֵּית יהוה Psalm 122:8–9. These verses seek the peace and welfare of Jerusalem.

MAY GOD GRANT STRENGTH TO GOD'S PEOPLE יהוה עז לְעַמוֹ יְתֵּן. Psalm 29:11.

Concluding Prayers

Ein Keiloheinu: A Ladino Version

Ein keiloheinu,
ein kadoneinu,
ein k'malkeinu,
ein k'moshi-einu.
Non como muestro dio,
non como muestro señor,
non como muestro re,
non como muestro
salvador.

Mi kheiloheinu,
mi khadoneinu,
mi kh'malkeinu,
mi kh'moshi-einu.
Ken como muestro dio,
ken como muestro señor,
ken como muestro re,
ken como muestro
salvador.

Nodeh leiloheinu,
nodeh l'adoneinu,
nodeh l'malkeinu,
nodeh l'moshi·einu.
Loaremos a muestro dio,
loaremos a muestro señor,
loaremos a muestro re,
loaremos a muestro
salvador.

Barukh eloheinu,
barukh adoneinu,
barukh malkeinu,
barukh moshi einu.
Bendicho muestro dio,
bendicho muestro señor,
bendicho muestro re,
bendicho muestro salvador.

Atah hu eloheinu,
atah hu adoneinu,
atah hu malkeinu,
atah hu moshi-einu.
Tu el muestro dio,
tu el muestro señor,
tu el muestro re,
tu el muestro salvador.

Ein Keiloheinu

None compares to our God. None compares to our master.

None compares to our sovereign. None compares to our deliverer.

Who compares to our God? Who compares to our master?

Who compares to our sovereign? Who compares to our deliverer?

Let us thank our God. Let us thank our master.

Let us thank our sovereign. Let us thank our master.

Blessed is our God. Blessed is our master.

Blessed is our sovereign. Blessed is our deliverer.

You are our God. You are our master.

You are our sovereign. You are our deliverer.

You are the one to whom our ancestors offered fragrant incense. Ein keiloheinu, ein kadoneinu, ein k'malkeinu, ein k'moshi-einu.

Mi kheiloheinu, mi khadoneinu, mi kh'malkeinu, mi kh'moshi-einu.

Nodeh leiloheinu, nodeh ladoneinu,

nodeh l'malkeinu, nodeh l'moshi∙einu. Barukh eloheinu, barukh adoneinu,

barukh malkeinu, barukh moshi-einu. Atah hu eloheinu, atah hu adoneinu, atah hu malkeinu, atah hu moshi-einu.

Atah hu she-hiktiru avoteinu l'fanekha et k'toret ha-samim.

A Final Teaching

Rabbi Eleazar said in the name of Rabbi Hanina: Students of Torah increase peace in the world, as the prophet Isaiah said: "All your children shall be taught by Adonai, and your children shall increase peace." Do not read the word as *banayikh*, "your children," but rather as *bonayikh*, "your builders."

May those who love your Torah find great peace; may they not stumble.

May there be peace within your walls, tranquility in your citadels. For the sake of my brothers and friends, pray for peace in your midst.

For the sake of the house of Adonai our God, I seek your welfare. May God grant strength to God's people; may God grant God's people peace.

In some congregations, the service continues with Kaddish D'Rabbanan, page 111.

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MAY

FOR 1 Psaln

MAY

We rise

עלינו לשבח לאדון הַכּל, לתת גדלה ליוצר בַּרָאשִׁית, שלא עשַנוּ כָּגוֹיֵי הַאַרַצוֹת, וָלֹא שַּׁמֶנוּ כִּמִשְׁפִּחוֹת הָאֲדָמָה, שַלא שַם חַלְקֵנוּ כָּהָם, וגרלנו כבל־המונם. ן וַאַנַחנוּ כּוֹרְעִים וּמִשְׁתַּחַוִים וּמוֹדִים, זּ לָפָבֵי מֱלֶךְ מַלְבֵי הַמִּלָכִים, הַקָּדוֹשׁ בָּרוּךְ הוֹא. שָהוא נוטה שַמֵים וִיסֵד אָרֶץ, ומושב יָקרוֹ בַשָּמֵים מִמֵּעַל, ושכינת עזו בגבהי מרומים, הוא אלהינו אין עוד. אָמֶת מַלְכֵּנוּ אֵפֵס זוּלָתוֹ, בַּבַתוּב בִּתוֹרֵתוֹ: וָיָדַעְתָּ הַיּוֹם וַהֲשֵׁבֹתָ אֶל לְבָבֶךּ, פי יהוה הוא הַאֵלהִים בַּשַּׁמֵים מִמֵּעַל, ועל הַאַרֶץ מִתַּחַת, אֵין עוֹה

ALEINU עלֵינו. Since the 12th or 13th century, the Aleinu prayer has acquired a special pride of place in Ashkenazic liturgy and is recited at the conclusion of every service; it does not play the same role in the Sephardic liturgy.

The origin of this popular prayer is a matter of debate. Some medieval sources (e.g. Rokeah, early 13th century, Germany) ascribed it to Joshua. The liturgical scholar Joseph Heinemann thought that it dates back to the time of the Temple service. Other scholars have argued that it originated in 2nd- or 3rd-century mystical circles. Its first known use in the formal liturgy is as an introduction to the Malkhuyot ("Sovereignty") section of the Rosh Hashanah Musaf service.

Aleinu articulates a progression of ideas. In the first paragraph, we are asked to

express our gratitude for the special fate and role of the Jewish people in history. In the second, we look forward to the day when differences among peoples will be harmonized and there will be a common recognition that all of humanity is embraced by God. This vision recognizes that God is not exclusively the God of Israel, but that God rules over all of us. On that day, when justice, morality, and common spiritual affinity will reign on earth, God's name will truly be one.

Some have objected to what may sound like exclusivist language in this prayer, in particular the phrases describing the uniqueness of the people Israel: "who has not made us merely a nation, nor formed us as all earthly families, nor given us an ordinary destiny." The Israeli Masorti Movement offers an alternative formulation quoting Micah 4:5: "For the people of every nation shall walk in the name of their god, but we shall walk in the name of Adonai, our God, forever." Whether articulated with this wording or the standard text, Aleinu both asserts a pride in Jewish destiny and challenges us to go out to the world committed to Jewish spiritual values.

AND SO WE BOW וַאֲכַּחְנּוּ בּּוֹרְעִים. The prayer mentions a variety of forms of bowing. In ancient times, *korim* meant touching the floor with one's knees, and *mishtahavim* meant bending at the waist. However, the ancient rabbis minimized the bowing that takes place in the service, and so today it is customary to simply bow one's head or slightly bend one's body at this point in the prayer.

KNOW THIS DAY בוֹיָדַעְתֵּ הַיֹּוֹם. Deuteronomy 4:39.

I Spread Out God's Names in Front of Me

I spread out God's names in front of me on the floor of my chilly room.

The name by which I called him when his spirit breathed in me.

And the name by which I called him when I was a young girl.

The name by which I called him when I was given to a man.

And the name when I was again permitted to all.

The name by which I called him when my parents were a roof over me. And the name when I had no ceiling.

The name by which I called him so that I would fear him. And the name by which I called him so that I would not be afraid.

The name by which I called him so that he would remember me. And the name so that he would refrain from remembering.

In the heat of day I will

prostate myself on the floor of my chilly room.

> -RIVKA MIRIAM (translated by Linda Stern Zisquit)

Aleinu

We rise:

It is for us to praise the ruler of all, to acclaim the Creator, who has not made us merely a nation, nor formed us as all earthly families, nor given us an ordinary destiny.

If And so we bow, acknowledging the supreme sovereign, the Holy One, who is praised—
who spreads out the heavens and establishes the earth, whose glory abides in the highest heavens, and whose powerful presence resides in the highest heights. This is our God, none else; ours is the true sovereign, there is no other.

As it is written in the Torah:

"Know this day and take it to heart, that Adonai is God in heaven above and on earth below; there is no other."

Aleinu l'shabei-aḥ la-adon hakol, lateit g'dulah l'yotzer b'reishit, shelo asanu k'goyei ha-aratzot, v'lo samanu k'mishp'hot ha-adamah, shelo sam ḥelkeinu kahem, v'goraleinu k'khol hamonam.

f Va-anahnu korim u-mishtaḥavim u-modim, lifnei melekh malkhei ha-m'lakhim, ha-kadosh barukh hu. Shehu noteh shamayim v'yosed aretz, u-moshav y'karo ba-shamayim mima-al, u-sh'khinat uzo b'govhei m'romim, hu eloheinu ein od.
Emet malkeinu efes zulato,

ka-katuv b'torato: v'yadata ha-yom vahasheivota el l'vavekha, ki Adonai hu ha-elohim bashamayim mima·al, v'al ha-aretz mitaḥat, ein od. ll glory,

;hty.

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עַל בַּן נְקַנֶּה לְךּ יהוה אֱלֹהֵינוּ, לראות מהרה בּתפּאֶרֶת עָזֶּרְּ לָהַעֲבִיר גִּלוּלִים מִן הָאַרץ, וָהָאֱלִילִים כָּרוֹת יִכְּרֵתוּן, לתקן עולם בַּמַלכוּת שַׁדִּי, וָכֶל־בְּנֵי בָשָׂר יִקְרָאוּ בִשְּׁמֶךּ, ּלְהַפִּנוֹת אֵלֶיךְ כָּל־רִשְׁעֵי אָנֶ־ץ. יַבְּירוּ וְיֵדְעוּ כָּל־יוֹשְׁבִי תַבַל, בי לך תכרע כַּל־בֵּרָה, תִּשָּׁבַע כָּל־לָשׁוֹן. לְפָבֶיִרְ יהוה אֱלֹהֵינוּ יִכְרְעוּ וִיפּּלוּ, וֹלְכְבוֹד שַׁמְךּ יָקָר יִתְנוּ, וִיקַבָּלוּ כָלָם אֶת־על מַלְכוּתֶךּ. וָתִמְלֹךְ עֲלֵיהֶם מִהֵּרָה לְעוֹלָם וָעֶד, פִּי הַמַּלְכוּת שֶׁלְּךְ הִיא, וּלְעִוּלְמֵי עַד תִּמְלֹךְ בִּכָבוֹה.

בַּבָּתוּב בְּתוֹרָתֶן: יהוה יִמְלֹךְ לְעֹלָם וָעֶד.
 וְנֶאֶמַר: וְהָיָה יהוה לְמֶלֶךְ עַל בְּלֹ־הָאֶרֶץ,
 בַּיּוֹם הַהוּא יִהְיֶה יהוה אֶחָד, וּשְׁמוֹ אֶחָד.

We are seated.

ESTABLISHING IN THE WORLD THE SOVEREIGNTY OF THE ALMIGHTY לְתַקּן עולם במלכות שַדִי. Beginning in the 19th century, this phrase came to be seen as similar to Isaiah's call to be a "light unto the nations," and it was thus interpreted as a call to universal justice. In this vein, the phrase l'takken olam was understood to mean "to repair the world"—that is, to be partners with God in achieving a time of peace and righteousness. Even earlier, Maimonides (12th century) had argued that the single most important characteristic of messianic times would be an end to one people dominating another (Mishneh Torah, Hilkhot Melakhim 12:2).

ADONAI WILL REIGN FOR-EVER AND EVER יהוה יִמְלֹךְ Exodus 15:18.

ON THAT DAY ADONAI

SHALL BE ONE בְּיוֹם הַהוּא ADONAI

14:9. In reciting the Sh'ma, we declare that God is one. Through our prayer, we hope to make God one with the world. As this prayer marks the conclusion of the service, it ends with a vision of the future.

In the Days to Come In the days to come, the Mount of Adonai's house shall stand firm above the mountains, and it shall tower over the The peoples shall gaze on it with joy, and many nations shall go and shall say, "Come, let us go up to the Mount of Adonai, to the House of the God of Jacob; that God may instruct us in God's ways, and that we may walk in God's paths." For instruction shall come forth from Zion, and the word of Adonai from Jerusalem. Thus God will judge among the many peoples, and arbitrate for the multitude of nations, however distant. They shall beat their swords into plowshares and their spears into pruning hooks. Nation shall not lift up sword against nation, neither shall they learn war anymore; but everyone shall sit under their grapevine or fig tree with no one to disturb them. For it was Adonai of Hosts

-MICAH 4:1-5

who has spoken. For the people of every nation shall walk in the name of their god, but we shall walk in the name of Adonai, our God, forever.

And so, Adonal our God, we await You, that soon we may behold Your strength revealed in full glory. sweeping away the abominations of the earth, obliterating idols, establishing in the world the sovereignty of the Almighty. All flesh will call out Your name even the wicked will turn toward You. Then all who live on earth will understand and know that to You alone every knee must bend, all allegiance be sworn. They will bow down and prostrate themselves before You, Adonal our God, treasure Your glorious name, and accept the obligation of Your sovereignty. May You soon rule over them forever and ever, for true dominion is Yours; and You will rule in glory until the end of time.

▶ As is written in Your Torah: "Adonal will reign forever and ever." And as the prophet said: "Adonal shall be acknowledged sovereign of all the earth. On that day Adonal shall be one, and the name of God, one." V'ne·emar: v'hayah Adonai l'melekh al kol ha-aretz, bayom hahu yihyeh Adonai eḥad, u-sh'mo eḥad. We are seated.

קַדִּישׁ יָתוֹם

Mourners and those observing Yahrzeit: יִתְבַּדַל וִיִתְקַדַשׁ שְׁמֵה רַבָּא, בָּעָלִמָא דִּי בִרָא, כִּרְעוּתֵה, וַיַּמְלִיךְ מַלְבוּתֵה בְּחַיֵּיבוֹן וּבְיוֹמֵיבוֹן וּבְחַיֵּי דְבָל־בֵּית יִשְׂרָאֵל, בַּעֵגָלָא וּבִוְמֵן קָרִיב, וָאִמְרוּ אָמֵן.

Congregation and mourners:

ָהָא שְׁמֵה רַבָּא מְבָרַךְ לְעָלַם וּלְעָלְמֵי עָלְמֵיָּא.

Mourners:

نْلْحُتْكُ لْنَهْلِيْكُ لَا نُنْلُافِكُمْ لْنَظْرِيْكُ لَا نُنْلِاثِهِمْ וְיִתְהַדֵּר וְיִתְעַלֶּה וְיִתְהַלֵּל שְׁמֵה דְּקְדְשָׁא, בְּרִיךְ הוּא, [on Shabbat Shuvah we substitute: לְעֵלָּא מִבְּל־ ָבְרְכָתָא וְשִׁירָתָא תֻּשְׁבְּחָתָא וְנֶחָמָתָא דַּאֲמִירָן בְּעָלְמָא, וְאָמָרוּ אָמֵן.

> יָהֵא שָׁלֶמֶא רַבֶּא מִן שְׁמַיֵּא וְחַיִּים ָּעֶלֵינוּ וְעַל כָּל־יִשְׂרָאֵל, ואמרו אמן.

עשָׁה שָׁלוֹם בִּמְרוֹמִיו הוּא יַעֲשָׂה שָׁלוֹם עָלֵינוּ וְעַל כָּל־יִשְׂרָאֵל [וְעַל כְּל־יוֹשְׁבֵי תַבַל], וָאִמְרוּ אַמֵן.

Some congregations recite Anim Z'mirot here; see page 208. Some congregations conclude with Adon Olam on page 211; others conclude with other Shabbat songs (see pages 212 and 82–85).

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The Year of Kaddish

Loss steals language; you have nothing to say. A loving community buttresses you, feeding you, telling you when to stand and sit, thrusting into your slack hand the prayer book containing the chanted words that, until now, only other people knew by heart.

-NESSA RAPOPORT

On a Yahrzeit

To my astonishment, my father returns, sometimes daily, with a power that is revelatory. In the immediacy of grief, the idea that he would be "only a thought away" or "always with me" seemed a not-believable comfort. Now, four years later, my sisters and I are amazed by his presence. We use his expressions. We laugh at his voice in our heads, for we can hear exactly what he would say.

-NESSA RAPOPORT

Mourner's Kaddish

Mourners and those observing Yahrzeit:

May God's great name be exalted and hallowed throughout the created world, as is God's wish. May God's sovereignty soon be established, in your lifetime and in your days, and in the days of all the house of Israel. And we say: *Amen*.

Congregation and mourners:

May God's great name be acknowledged forever and ever!

Mourners:

May the name of the Holy One be acknowledged and celebrated, lauded and worshipped, exalted and honored, extolled and acclaimed—though God, who is blessed, b'rikh hu, is truly [on Shabbat Shuvah we add: far] beyond all acknowledgment and praise, or any expressions of gratitude or consolation ever spoken in the world. And we say: Amen.

May heaven bestow on us, and on all Israel, life and abundant and lasting peace. And we say: *Amen*.

May the one who creates peace on high bring peace to us and to all Israel [and to all who dwell on earth]. And we say: *Amen*.

Mourners and those observing Yahrzeit:

Yitgadal v'yitkadash sh'meih raba, b'alma di v'ra, kiruteih, v'yamlikh malkhuteih b'ḥayeikhon u-v'yomeikhon u-v'ḥayei d'khol beit yisrael, ba·agala u-vizman kariv, v'imru amen.

Congregation and mourners:

Y'hei sh'meih raba m'varakh l'alam u-l'almei almaya.

Mourners:

Yitbarakh v'yishtabah v'yitpa ar v'yitromam v'yitnasei v'yit-hadar v'yitaleh v'yit-halal sh'meih d'kudsha, b'rikh hu, l'eila min kol [on Shabbat Shuvah we substitute: l'eila l'eila mikol] birkhata v'shirata tushb'hata v'neḥamata da amiran b'alma, v'imru amen.

Y'hei sh'lama raba min sh'maya v'ḥayim aleinu v'al kol yisrael, v'imru amen.

Oseh shalom bimromav hu ya aseh shalom aleinu v'al kol yisrael [v'al kol yosh'vei teiveil], v'imru amen.

Some congregations recite Anim Z'mirot here; see page 208. Some congregations conclude with Adon Olam on page 211; others conclude with other Shabbat songs (see pages 212 and 82–85). ד הרא, on Shabbat Sł

ָ בְּעָלְמָא,

Some Some other Some congregations recite this song at the conclusion of the service.

שִׁיר הַכָּבוֹד: אַנְעִים זְמִירוֹת אַגְעִים זְמִירוֹת וְשִׁירִים אֶאֶרֹג, כִּי אֵלֶיךּ נַפְשִׁי תַעֲרֹג. נַפְשִׁי חָמִדָה בִּצֵל יָדֵךְ, לָדֵעַת בַּל־רָז סוֹדֵךְ. מִדֵּי דַבְּרִי בִּכְבוֹדֶךְ, הוֹמֶה לִבִּי אֵל דּוֹדֵיךְ. עַל כֵּן אֲדַבֵּר בְּךּ נִכְבָּדוֹת, וְשִׁמְךּ אֲכַבֵּד בְּשִׁירֵי יְדִידוֹת. אָסַפְּּרָה כְבוּדְךְּ וְלֹא רְאִיתִיךָּ, אֲדַמִּךְ אֲבַמְּךְ וְלֹא יְדַעְתִיךָּ. בְּיַד נְבִיאֶיךּ בְּסוֹד עֲבָדֶיךּ, דִּמֶּיתָ הָדַר בְּבוֹד הוֹדֶךּ. בִּדְלָּתִרְ וּגְבוּרָתֶרְ כִּנוּ לְתְקֶף פְּעֻלָּתֶרְ. דִּמְוּ אוֹתְךּ וְלֹא כְפִי יֶשְׁרְ, וַיַּשְׁוִוּךְּ לְפִי מַעֲשֶׂיךְ. הִמְשִׁילְוּךְ בְּרוֹב חֶזְיוֹנוֹת, הִנְּךְ אֶחָד בְּכְל־דִּמְיוֹנוֹת. וַיֶּחֶזוּ בָךּ זִקְנָה וּבַחֲרוּת, וּשְׂעַר רֹאשָׁךּ בְּשֵׂיבָה וְשַׁחֲרוּת. זְקָנָה בִּיוֹם דִּין וּבַחֲרוּת בִּיוֹם קְּרָב, בָּאִישׁ מִלְחָמוֹת יִדִיוּ לוֹ רָב. חָבַשׁ כִּוֹבַע יִשׁוּעָה בִּראשׁוֹ, הוֹשְׁיעָה לוֹ יִמִינוֹ וּזְרְוֹעַ קָּדְשׁוֹ.

A SONG OF GLORY שִׁיר הַכָּבוֹד. Sometimes called by its first two words, Anim Z'mirot is ascribed to Judah the Pious of Regensburg (d. 1217), one of the most important figures of Ḥasidei Ashkenaz, the 13th-century German pietist movement. The poem asserts that human beings cannot grasp God's mysterious nature, but that prophetic metaphors and rabbinic allusions allow us to imagine God's glory, kavod, and to see a "shadow" of the Divine. Many of these images were significant for the spiritual vocabulary of Ḥasidei Ashkenaz. For instance, the light emanating from God's head and God's crown were important images of mystic contemplation.

The first four verses of the poem constitute an introduction. This is followed

by an enumeration of images in verses arranged in an alphabetic acrostic. The concluding verses of the poem are a personal plea that God hear our prayers. Some recite Shir Hakavod on each Shabbat; others include it only on festivals. Some recite it here, others at the conclusion of Shaharit, and many others at the beginning of

YOUR GLORY בְּכְבוֹדֶךְ. As noted above, God's "glory" frequently has a technical meaning in medieval Jewish mystical thought: it is that aspect of God which is accessible to humans. The Bible reports that at Sinai God's "glory" descended on the mountain (Exodus 24:15), and similarly Moses asks to see God's "glory" (Exodus 33:18).

YOUR PROPHETS בְבִיאֵיך. The poet will use only metaphors previously offered by prophets and sages—that is, those that were adduced by divine inspiration.

וא ACCORD WITH YOUR DEEDS בּנּוּ לְתִקֶּף פְּעֻלֶּתֶךָּ. No human being can have a direct encounter with God's essence (God's "face"), but we can experience God's impact in the world (God's "back").

YOU ARE THE SINGULAR ONE הָבֶּךְ אֶחָד. The word *eḥad* (literally "one") references the Sh'ma. Jewish mystics, while eloquently describing the myriad manifestations of God, insist that God is ultimately "one."

AS OLD AND AS YOUNG זְקְנָה וּבַחֲרוּת. In commenting on the first words of the Decalogue, "I am Adonai, your God, who took you out of the land of Egypt," Rashi (1040–1105, northern France), reprising the midrash, writes: "Do not think that because I appear to you in different guises—at Sinai as an elder and at the Sea as a young warrior—there are multiple deities; it is I who took you out."

тне ряіме оғ үоитн וְשַׁחְ. As vocalized, the Hebrew means "youthful." However, the word also contains the same letters as the word for "black" (shahor), as opposed to gray hair as a sign of age.

A VICTORY HELMET בְּוֹבֵע יְשׁוּעָה. The image is taken from the language of Isaiah: "God donned righteousness like a coat of mail, with a helmet of victory on God's head" (59:17).

Some congregations recite this song at the conclusion of the service.

A Song of Glory: Anim Z'mirot

I shall chant melodies and weave together verses, for my soul thirsts for You.

My soul longs to live in the shadow of Your hand, that I might learn the secrets of Your mysterious being. Even before speaking any words describing Your glory, already my heart sings of Your love.

I would, therefore, ever glorify You, and honor Your name with songs of love.

Though I have never seen You, I would tell of Your glory:

I imagine You, I describe You, but I know You not.

In the words of Your prophets and mysteries revealed to the faithful, You provided images of glorious majesty.

Your greatness and Your power

were pictured in accord with Your deeds.

They portrayed You not as You truly are, but imagined You from what You had created.

In endless visions and countless metaphors they described You, but through it all, You are the singular one.

They represented You as old and as young, with graying hair and in the prime of youth:

as an elder on the Day of Judgment, and as a youth in time of war, as a soldier who was fully armed,

and with a victory helmet on Your head, having won battles with Your right hand and holy arm—

continued

Anim z'mirot v'shirim e-erog, ki eilekha nafshi ta-arog. Nafshi ḥamdah b'tzel yadekha, lada-at kol raz sodekha.

Midei dabri bikhvodekha, homeh libi el dodekha.

Al ken adabeir b'kha nikhbadot, v'shimkha akhabeid b'shirei y'didot.

Asaprah kh'vodkha v'lo re'itikha, adam'kha akhankha v'lo y'datikha.

B'yad n'vi-ekha b'sod avadekha, dimita hadar k'vod hodekha.

Gʻdulat'kha u-gʻvuratekha, kinu lʻtokef pe'ulatekha.

Dimu ot'kha v'lo kh'fi yeshkha, v'yashvukha l'fi ma-asekha.

Himshilukha b'rov ḥezyonot, hin'kha eḥad b'khol dimyonot.

Va-yeḥezu v'kha ziknah u-vaḥarut, u-sar rosh'kha b'seivah v'shaḥarut.

Ziknah b'yom din u-vaḥarut b'yom krav,

k'ish milhamot yadav lo rav.

Ḥavash kova y'shu·ah b'rosho, hoshi·ah lo y'mino u-zro·a kodsho.

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טַלְלֵי אוֹרוֹת רֹאשׁוֹ נִמְלָא, קּוָצוֹתָיו רְסִיםִי לֵיְלָה. יִתפָּאֵר בִּי כִּי חָפֵץ בִּי, וְהוּא יִהְיֶה לִי לַעֲטֶרֶת צְבִי. בתם טהור פַּז דְמוּת ראשוֹ,

וָחַק עַל מֵצַח כִּבוֹד שֵׁם קַדְשׁוֹ. לָחֵן וּלְכָבוּד צָבִי תִפְאָרָה, אָמֶתוֹ לוֹ עִטְּרָה עֲטָרָה. מַחְלִפוֹת רֹאשׁוֹ כִּבִימֵי בִחְרוֹת, קוצותיו תַּלְתַּלִים שָׁחוֹרוֹת.

ּנָוָה הַצֶּדֶק צִבִי תִפְאַרְתּוֹ, יַעֲלֶה נָּא עַל רֹאשׁ שִּׁמִחָתוֹ. סָגֶלָתוֹ תְּהִי בִיָּדוֹ עֲטֶרֶת, וּצְנִיף מִלוּכָה צִבִי תִפְאֶרֵת. צַמוּסִים נִשָּׂאָם עֲטֶרֶת עִנִּדָם, מֵאֲשֶׁר יָקרוּ בִעֵינָיו כִּבִּדָם. פָּאֵרוֹ עַלַי וּפָאֵרִי עָלָיוֹ, וְקָרוֹב אֵלַי בְּקָרְאִי אַלָיוֹ. צַח וָאָדוֹם לִלְבוּשׁוֹ אָדוֹם, פּוּרָה בִדְרְכוֹ בְּבוֹאוֹ מֵאֱדוֹם. ָקֶשֶׁר תְּפִלִּין הֶרְאָה לֶעָנָו, תְּמוּנַת יהוה לְנֶנֶד עֵינָיו. רוֹצֶה בְעַמוֹ עֲנָוִים יְפָּאֵר, יוֹשֵׁב תִּהְלּוֹת בָּם לִהְתְפָּאֵר.

continued

DROPS OF LIGHT טַלְלֵי אוֹרוֹת. Here the poet changes imagery and begins talking of God's head and God's crown.

CROWN OF GLORY לַעֲטֶרֵת צבי. The phrase refers to a deer's antlers (see Isaiah 28:5). The deer raising its antlers is a graceful demonstration of strength and readiness. In this and in two verses below (tifarah, "the height of glory"), the poet articulates a mutuality: God crowns Israel with glory and Israel crowns God with glory.

FOREHEAD INSCRIBED ותוק על מֵצַח. The High Priest wore a gold band on his forehead on which the words "Holy unto Adonai" were engraved. The ancient rabbis imagined God inscribed with a corresponding insignia.

with Long Black curls הַלְתַלִּים שְׁחוֹרוֹת. This is the way the male lover is depicted in the Song of Songs (5:11).

THE ABODE OF RIGHTEOUSNESS בְּנֵה הַצֶּדֶק. In this section the poet moves to ideas of redemption, and emphasizes Israel's loyalty to God as a manifestation of God's glory. The midrash declares that in the end of days, the tribe of Levi will no longer bless Israel, but rather God alone will, as it is written: "Adonai, the abode of righteousness, will bless you..." (Midrash Tanḥuma, Lekh L'kha 5, quoting Jeremiah 31:22).

god's splendor." Thus "God's splendor is on me" can be read as: "I am adorned with God's t'fillin." According to the rabbinic imagination, God too wears t'fillin which, in turn, glorify Israel. The verse inscribed inside God's t'fillin is: "Is there a single nation like you in the world, O Israel?" (2 Samuel 7:23). In this view, when Moses saw God's back (but not God's face), he saw the t'fillin knot on the back of God's head—that is, God's splendor (Babylonian Talmud, Berakhot 6a).

DRESSED IN RED לְלְבוּשׁוֹ אָדוֹם. The poet draws on the imagery of Isaiah: "Who is this coming from Edom? . . . It is I who speak of righteousness, surely triumphant. Why is Your clothing so red? Your garments like someone who treads grapes? I trod out a vintage alone . . . there was no one with Me. I trod them down in My anger . . . their life-force bespattered My garments, and all My clothing was stained" (63:1–3). Isaiah's imagery is a play on the name "Edom," derived from the Hebrew word for "red." In Jewish tradition, Edom became the name for all those empires that would oppress Israel. Thus, the Talmud refers to Rome as Edom, and refugees from Germany in the 1930s reported that they were sustained by preachers who referred to the downfall of Edom.

TREADING THE WINEPRESS פּוּרָה בְדָרְכוֹ. Meaning to stomp on the Edomites, the oppressors of the people Israel.

Humble moses , לֶעָנָו Moses is said to be the most humble of all human beings (Numbers 12:3).

Your curls are full of drops of light, Your locks wet with the dew of the night. God will have pride in me, for God delights in me, and will be for me a crown of glory.

The image of God's face is pure shining gold, the forehead inscribed with the divine holy name.

In love, in honor, to express the height of glory, this people fashioned God's kingly crown.

The locks on God's head are a youth's long black curls.

May the abode of righteousness, the height of God's glory, be God's greatest delight.

God's treasured people shall be held as a garland in God's hand, a royal wreath of beauty and glory,

carried on high, adorned with a crown, honored with what is most precious in Divinity's eyes.

God's splendor shall be mine and mine shall be God's; for God is near to me when I cry.

God is radiant and ruddy, dressed in red, having come from Edom, treading the winepress. Humble Moses viewed the knot of God's tefillin

as he beheld God's very image.

God delights in this humble people and will raise them up in glory; God shall dwell amidst their praises, glorified through them.

continued

Tal'lei orot rosho nimla, k'vutzotav r'sisei lailah.

Yitpa-eir bi ki ḥafetz bi, v'hu yihyeh li la-ateret tz'vi.

Ketem tahor paz d'mut rosho, v'hak al metzaḥ k'vod shem kodsho.

L'ḥen u-l'khavod tz'vi tifarah, umato lo itrah atarah.

Maḥl'fot rosho k'vimei v'hurot, k'vutzotav taltalim shehorot.

N'vei ha-tzedek tz'vi tifarto, ya-aleh na al rosh simḥato.

S'gulato t'hi v'yado ateret, u-tz'nif m'lukhah tz'vi tiferet.

Amusim n'sa-am ateret indam, mei-asher yakru v'einav kibdam.

Pe'eiro alai u-fe'eiri alav, v'karov eilai b'kori eilav.

Tzaḥ v'adom lilvusho adom, purah v'dorkho b'vo-o mei-edom.

Kesher t'filin herah le-anav, t'munat Adonai l'neged einav.

Rotzeh v'amo anavim y'fa·eir, yoshev t'hilot bam l'hitpa·eir.

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TREAD

ראש דְּבָרְךּ אֶמֶת קוֹרֵא מֵרֹאשׁ, דּוֹר וָדוֹר עַם דּוֹרֶשְׁךְ דְּרוֹשׁ. שִׁית הֲמוֹן שִׁירִי נָא עֶלֶיךּ, וְרִנָּתִי תִּקְרַב אֵלֶיךּ. תְּהַלֶּתִי תְּהִי לְרֹאשְׁךְ עֲטֶרֶת, וּתְפִּלָּתִי תִּבּוֹן קְטְרֶת. תִּיקַר שִׁירַת רָשׁ בְּעֵינֶיךּ, בַּשִּׁיר יוּשַׁר עַל קְרְבָּנֶיךְ. הַּבְרְכָתִי תְעֲלֶה לְרֹאשׁ מַשְׁבִּיר, מְחוֹלֵל וּמוֹלִיד צַדִּיק בַּבִּיר. וּבְבִרְכָתִי תְנַעֲנַע לִי רֹאשׁ, וְאוֹתָה קח לְךְּ בִּבְשָׂמִים רֹאשׁ. יֻעֲרַב נָא שִּיחִי עֶלֶיךְ, כִּי נַפְשִׁי תַעֲרֹג אֵלֶיךְ.

לְךְּ יהוֹה הַגְֻּּדְלָּה וְהַגְּבוּרָה וְהַתִּפְאֶרֶת וְהַגַּצַח וְהַהוֹד, כִּי כל בַּשָּׁמֵים וּבָאֶרֶץ, לְךְּ יהוֹה הַמַּמְלֶּכָה, וְהַמִּתְנַשֵּׂא לְכֹל לְרֹאש. • מִי יְמֵלֵל גְּבוּרוֹת יהוֹה, יַשְׁמִיעַ כָּל־תְּהִלָּתוֹ.

Some congregations recite Mourner's Kaddish here; see page 207.

YOU UTTERED TRUTH FROM THE FIRST ראש דָבָרך אֶמֶת. The poet is quoting Psalm 119:160, sometimes translated as: "The essence of Your teaching is truth." (See above, page 117, at the psalm for Shavuot.) The poet may mean that God's promise to redeem Israel holds true in every generation. Also, the last letters of the first three words of Genesis (בַּרָאשִׁית בַּרָא מלהים) are alef, mem, and tav, which spell the word אֱמֶת (emet), "truth."

Since this verse repeats the letter reish and seems to introduce a thought not otherwise developed in the poem, there are some scholars who think that it is a later interpolation.

A SAVORY OFFERING תְּבוֹן חְקְטְרֶת. Psalm 141:2: "Take my prayer as an incense offering . . ."

NOD AGREEMENT הְנֵעֲנֵע לִי רֹאשׁ. A reference to an anthropomorphic story from the Babylonian Talmud, in which God responds to a sage's blessing with a nod of God's head (Berakhot 7a). The same word, rosh, is used to indicate the "choice perfume" that was used for anointing in the sanctuary.

MY SOUL THIRSTS בְּפְשִׁי תַּעֲרוֹג. The poet draws on the language of Psalm 42:2, concluding the poem with the same image of yearning with which it began.

YOURS, ADONAI, IS THE GREATNESS יְלְּדְ יהוֹה הַגְּדֻלָּה.

1 Chronicles 29:11. This verse inspired the mystics who developed the system of the s'firot, aspects of God that human beings perceive. Many of the names of the s'firot are drawn from this verse, including G'vurah (triumph), Tiferet (glory), Netzah (eternity), and Hod (splendor). Similarly, to evoke the variety of the aspects of God, this verse is chanted when the Torah scroll is removed from the ark and carried in a procession around the sanctuary.

who can tell מי ימלל. Psalm 106:2.

As you called the world into being, You uttered truth from the first; in each generation You seek the people who seek You.

ביר.

נש.

Place my many songs before You and let my prayers reach You.

May my songs be a crown on Your head, and accept my prayers as a savory offering.

May the song of one without merit be to You like those sung over the sacrifices You received.

Take account of my praise, Sustainer, Creator, Life-giver, Supremely Righteous One.

Nod agreement to my blessings; receive them as choice perfume upon Your head.

May my words please You, for my soul thirsts for You.

Yours, Adonal, is the greatness, the strength and the glory, the triumph and the splendor—for everything in heaven and on earth is Yours.

Yours, Adonai, is the sovereignty and the majesty above all.

▶ Who can tell of Adonai's power?

Who can proclaim all of God's praises?

Rosh d'varkha emet korei mei-rosh,
dor vador am doresh'kha d'rosh.

Sheet hamon shirai na alekha, v'rinati tikrav eilekha.

T'hilati t'hi l'rosh'kha ateret, u-t'filati tikon k'toret.

Tikar shirat rash b'einekha, ka-shir yushar al korbanekha.

Birkhati ta-aleh l'rosh mashbir, m'holeil u-molid tzadik kabir.

U-v'virkhati t'na-ana li rosh, v'otah kaḥ l'kha
ki-v'samim rosh.

Ye∙erav na siḥi alekha, ki nafshi ta∙arog eilekha.

Read quietly: L'kha Adonai ha-g'dulah v'ha-g'vurah v'ha-tiferet v'ha-netzaḥ v'ha-hod, ki khol ba-shamayim uva-aretz, l'kha Adonai ha-mamlakhah v'ha-mitnasei l'khol l'rosh. > All together: Mi y'maleil g'vurot Adonai, yashmi-a kol t'hilato.

Some congregations recite Mourner's Kaddish here; see page 207.

The service concludes with a song. Two choices are given here, but other songs may be selected, such as those on pages 82–85.

> בָּטֵרֶם כָּל־יִצִיר נִבְרָא. אַזִי מֵלֶךְ שִׁמוֹ נִקְרָא. לבדו ימלר נורא. וְהוּא יִהְיֵה בְּתִפְאַרָה. לִהַמְשִׁיל לוֹ לִהַחְבִּירָה. וֹצוּר חֶבְלִי בְעֵת צָרָה. מנת כּוֹסִי בִּיוֹם אֵקְרָא. בָּעֵת אִישַׁן וְאָעְירָה. יהוה לי ולא אירא.

אַדון עולם אַשר מָלַרְ, לְעֵת נַעֲשָׂה בְהֶפְצוֹ כֹּל, וְאַחֲרֵי כִּכְלוֹת הַכּּל, וְהוּא הָיָה וְהוּא הֹנֶה, ָוְהוּא אֶחֶד וְאֵין שֵׁנִי, ָּבָלִי רֵאשִׁית בָּלִי תַכְלִית, וְלוֹ הָעד וְהַמִּשְׂרָה. בָּלִי רֵאשִׁית בָּלִי תַכְלִית, וְהוּא אֵלִי וְחֵי גּאֵלִי, וָהוּא נִסִי וּמְנוֹס לִי, בְּיָדוֹ אַפְקִיד רוּחִי, וְעָם רוּחִי בִּוֹיָתִי,

ADON OLAM אַדוֹן עוֹלָם. lt is unclear who authored this thousand-year-old poem, but it appears in the beginning of the morning service, at the conclusion of the Musaf (additional) service, and also at the end of evening services, in both the Ashkenazic and Sephardic liturgies. (The latter version, however, contains several more verses than are found in the former.) The poem is composed of two parts. The first half of the poem is a series of philosophic or credal statements about God. But as it moves toward its conclusion, the poem changes in mood and becomes a personal statement of faith and even of intimacy with God. This idea is expressed in the penultimate line with the words b'yado afkid ruḥi, "I place my spirit in God's care."